

Vita Ligaya Ponce Dalgaard
Lektor
Psykologisk Institut
Postadresse:
Bartholins Allé 11
8000
Aarhus C
Danmark
E-mail: ligayadalgaard@psy.au.dk

Ansættelser og Tilknytning

2023: Lektor, Arbejds- og Organisationspsykologi, Psykologisk Institut, Aarhus
2019 Adjunkt, Arbejds- og Organisationspsykologi, Psykologisk Institut, Aarhus Universitet
2019 Fastansat forsker, Arbejdsmedicin, Hospitalsenheden Vest
2018 Beskikket censor ved Censorkorpset for psykologi ved universiteterne
2017-2018 Post. doc. (forsker), Arbejdsmedicin, Hospitalsenheden Vestmet
2014 2,5 mdr. forskningsophold ved University of California, San Francisco, Center for Health and Community, dept. of Psychiatry.
2009-2016 Psykolog og ph.d.-stipendiat ved Arbejdsmedicin, Hospitalsenheden Vest
2009 Klinisk psykolog hos Tidens Psykologer, Odense
2007 Forskningsassistent ved Arbejdsmedicinsk klinik, Aarhus Universitetshospital

Uddannelse

2017 Ph.d., Health, Aarhus Universitet
2008 Cand.psych., Aarhus Universitet

Publikationer

Span of control and well-being outcomes among hospital frontline managers: Too much to handle

Hansen, A-K. L., Jacobsen, C. B. & Dalgaard, V. L. P., 2024, (Afsendt) I: BMJ Leader.

A study protocol outlining the development and evaluation of a training program for frontline managers on leading well-being and the psychosocial work environment in Danish hospital settings – a cluster randomized waitlist controlled trial

Dalgaard, V. L. P., Gayed, A., Hansen, A-K. L., Grytnes, R., Nielsen, K., Kirkegaard, T., Uldall, L., Ingerslev, K., Skakon, J. & Jacobsen, C. B., dec. 2023, I: BMC Public Health. 23, 1, 16 s., 848.

Long-term follow-up study of work status among patients with work-related mental disorders referred to departments of occupational medicine in Denmark

Kyndi, M., Willert, M. V., Vestergaard, J. M., Andersen, JH., Christiansen, D. H. & Dalgaard, V. L. P., nov. 2023, I: BMJ Open. 13, 11, 10 s., e072217.

Can an organizationally anchored, multilevel intervention improve perceived stress and psychosocial factors in the workplace? – a pre-post study assessing feasibility and effectiveness

Dalgaard, V. L. P., Kirkegaard, T., Dyrland Wählin-Jacobsen, C., Aust, B., Jaspers, S. Ø., Jønsson, T. F. & Winding, T. N., 20 okt. 2023, (Afsendt) I: BMC Public Health.

Sick at work and future sickness absence—a prospective study of two measures of sickness presence

Hansen, C. D., Dalgaard, V. L. P., Winding, T. N. & Andersen, JH., sep. 2023, I: European Journal of Public Health. 33, Supplement_2

Cohort Profile: The Danish Occupational Medicine Cohort—a nationwide cohort of patients with work-related disease

Dalgaard, V. L., Willert, M. V., Kyndi, M., Vestergaard, J. M., Andersen, J. H. & Christiansen, D. H., aug. 2023, I: International Journal of Epidemiology. 52, 4, s. e201-e210 10 s.

Developing prognostic models for health care utilization in patients with work-related mental health problems

Willert, M. V., Christiansen, D. H., Dalgaard, V. L., Vestergaard, J. M., Andersen, J. H. & Kyndi, M., aug. 2023, I: BMC Health Services Research. 23, 1, 11 s., 834.

Notified Occupational Mental Disorders: associations with Health and Income

Ladegaard, Y. K., Dalgaard, V. L. P., Conway, P., Eller, N. H., Skakon, J., Maltesen, T., Scheike, T. & Netterstrøm, B., mar. 2023, I: Occupational Medicine. 73, 2, s. 66-72 7 s.

Daring to dream. Process evaluation of an organizationally anchored multilevel intervention for primary stress prevention.

Kirkegaard, T., Dyrland Wählin-Jacobsen, C., Dalgaard, V. L. P., Aust, B. & Jaspers, S. Ø., 2023, (Afsendt) I: International Journal of qualitative Studies on Health and Well-being.

Employees with mental disorders seeking support from the Workers Compensation System – experiences from Denmark

Ladegaard, Y. K., Skakon, J., Dalgaard, V. L. P., Ståhl, C., Therkil Slot Thomasen, S. & Netterstrøm, B., 2023, I: Work: A Journal of Prevention, Assessment & Rehabilitation. 75, 4, s. 1361-1377 17 s., 211315.

Repeated short-term sickness absence: A problem to be handled or a symptom to be prevented? A qualitative case study

Kirkegaard, T., Dalgaard, V. L. P. & Grytnes, R., 2023, (Afsendt) I: Industrial Relations.

Why Being 'Stressed' Is 'Desserts' in Reverse—The Effect of Acute Psychosocial Stress on Food Pleasure and Food Choice

Hyldelund, N. B., Dalgaard, V. L. P., Byrne, D. V. & Andersen, B. V., 15 jun. 2022, I: Foods. 11, 12, 1756.

Cohort Profile: The Danish Occupational Medicine Cohort – Long-term prognosis for patients with work-related disorders

Dalgaard, V. L. P., Willert, M. V., Kyndi, M., Vestergaard, J. M., Andersen, JH. & Christiansen, D. H., okt. 2021, I: Occupational & Environmental Medicine. 78, Suppl. 1, s. A82 P-180.

Long-term employment status among patients with suspected work-related mental health problems: A 5-year follow-up study

Kyndi, M., Willert, M. V., Vestergaard, J. M., Andersen, JH., Christiansen, D. H. & Dalgaard, V. L. P., okt. 2021, I: Occupational & Environmental Medicine. 78, Suppl. 1, s. A40-A41 2 s., O-172.

Long-term prognosis for health care utilization among patients with work-related mental disorders

Willert, M. V., Kyndi, M., Dalgaard, V. L. P., Christiansen, D. H. & Andersen, JH., okt. 2021, I: Occupational & Environmental Medicine. 78, Suppl. 1, s. A43 O-158.

PRO-MENTA: Impact of major organizational changes on employee mental health and workplace productivity

Nørgaard Sørensen, L., Willert, M. V., Jensen, J. H., Dalgaard, V. L. P. & Kyndi, M., okt. 2021, I: Occupational & Environmental Medicine. 78, Suppl. 1, s. A75 P-115.

Cognitive impairments and recovery in patients with work-related stress complaints – four years later

Dalgaard, V. L. P., Andersen, JH., Pedersen, A. D., Andersen, L. P. S. & Eskildsen, A., maj 2021, I: Stress: The International Journal on the Biology of Stress . 24, 3, s. 294-302 9 s.

Husk arbejdet i den arbejdsrelaterede stress

Dyrland Wählin-Jacobsen, C., Andersen, M. F. & Dalgaard, V. L. P., 5 aug. 2019, I: Ugeskrift for Læger. 181, 15, s. 1450 1 s.

Afdækning og håndtering af drypvis sygefravær i fire store organisation

Dalgaard, V. L. P., Hansen, C. D., Winding, T. N., Grytnes, R., Andersen, JH. & Kirkegaard, T., 15 jan. 2019.

Cognitive impairments and recovery in patients with work-related stress complaints - four years later

Dalgaard, V. L. P., Andersen, JH., Pedersen, A. D., Andersen, L. P. S. & Eskildsen, A., 2019.

Ledelsen er central for at forebygge og håndtere medarbejderstress

Kirkegaard, T., Andersen, M. F., Dalgaard, V. L. P., Jacobsen, C. B. & Bech, M., 2019, I: Tidsskrift for Dansk Sundhedsvesen (Online). 95, 6, s. 6-15 10 s.

Ni anbefalinger

Raastrup Kristensen, A., Kring, C., Ipsen, C., Skakon, J., Dalgaard, V. L. P., Kirkegaard, T., Pedersen, V. B. & Ladegaard, Y. K., 2019, København: Tænk tanken Bæredygtigt Arbejdsliv.

Tværorganisatorisk Intervention mod stress

Kirkegaard, T., Dalgaard, V. L. P., Aust, B., Dyrland Wählin-Jacobsen, C., Nøhr Winding, T. & Gadegaard, C. A., 2019.

Recovery from work-related stress: a randomized controlled trial of a stress management intervention in a clinical sample

Glasscock, D. J., Carstensen, O. & Dalgaard, V. L., 1 aug. 2018, I: International Archives of Occupational and Environmental Health. 91, 6, s. 675-687 13 s.

Return to work after work-related stress: a randomized controlled trial of a work-focused cognitive behavioral intervention

Dalgaard, V. L., Aschbacher, K., Andersen, J. H., Glasscock, D. J., Willert, M. V., Carstensen, O. & Biering, K., 1 sep. 2017, I: Scandinavian Journal of Work, Environment & Health. 43, 5, s. 436-446 11 s.

Work-focused cognitive behavioral intervention for psychological complaints in patients on sick leave due to work-related stress: Results from a randomized controlled trial

Dalgaard, V. L., Andersen, L. P. S., Andersen, J. H., Willert, M. V., Carstensen, O. & Glasscock, D. J., 22 aug. 2017, I: Journal of Negative Results in BioMedicine. 16, 1, s. 13 13.

Cross-cultural adaptation and validation of the Danish consensus version of the 10-item Perceived Stress Scale

Eskildsen, A., Dalgaard, V. L., Nielsen, K. J., Andersen, J. H., Zachariae, R., Olsen, L. R., Jørgensen, A. & Christiansen, D. H., 2015, I: Scandinavian Journal of Work, Environment & Health. 41, 5, s. 486-490 5 s.

Reduktion af stress og sygefravær blandt patienter med arbejdsrelaterede belastnings- og tilpasningsreaktioner henvist til Arbejdsmedicinsk klinik.

Glasscock, D. J., Carstensen, O. & Dalgaard, V. L. P., jun. 2014, Herning: Arbejdsmedicinsk Klinik, Regionshospitalet Herning. 25 s.

Changes in self-reported sleep and cognitive failures: A randomized controlled trial of a stress management intervention

Dalgaard, V. L. P., Eskildsen, A., Carstensen, O., Willert, M. V., Andersen, J. H. & Glasscock, D. J., 2014, I: Scandinavian Journal of Work, Environment & Health. 40, 6, s. 569-81 13 s.

New perspectives on stress in a work-related context

Kirkegaard, T., Dalgaard, V. L. P. & Eskildsen, A., 2014.

Projekter

Afdækning og håndtering af drypvis sygefravær i fire store organisationer (Drypvis sygefravær)

Dalgaard, V. L. P., Winding, T. N., Grytnes, R., Kirkegaard, T. & Hansen, C. D.

01/01/2019 → 01/08/2023

Effektvurdering af intervention rettet mod belastningsreduktion og genoptagelse af arbejde blandt sygedagpenge klienter med arbejdsrelaterede psykiske problemer i 3 kommuner

Dalgaard, V. L. P., Andersen, J., Carstensen, O. & Glasscock, D. J.

01/03/2010 → 01/02/2017

PRO-MENTA: Konsekvenser af store organisatoriske forandringer for arbejdspladsens produktivitet og medarbejdernes helbred

Willert, M. V., Dalgaard, V. L. P., Kyndi, M. & Jensen, J. H.

01/01/2021 → 01/04/2023

Langvarige konsekvenser af arbejdsrelateret stress

Eskildsen, A., Andersen, L. P. S. & Dalgaard, V. L. P.

01/06/2017 → 28/02/2018

Matterhorn - Ledelse af trivsel og psykisk arbejdsmiljø

Dalgaard, V. L. P., Hansen, A. L., Kirkegaard, T. & Jacobsen, C. B.

01/10/2021 → 01/12/2024

Prognose for fremtidigt arbejdsliv og helbred og identifikation af risikogrupper ved arbejdsrelaterede lidelser (PRO-RISK)

Dalgaard, V. L. P., Andersen, J., Willert, M. V., Kyndi, M. & Christiansen, D. H.

01/01/2019 → 31/12/2021

Tværorganisatorisk intervention mod stress (TviS)

Kirkegaard, T., Dalgaard, V. L. P., Winding, T. N., Jønsson, T. F., Dyrland Wåhlin-Jacobsen, C., Gadegaard, C. A. & Aust, B.

01/08/2018 → 31/07/2021