

I am an epidemiologist interested in how our dietary habits, together with our genes and our physical and social environment, contribute to health and disease. The human diet is a complex, dynamic and interrelated exposure and one of my main goals is to improve the methods we use to study and model dietary intake.

My main research foci are:

1. Investigation of diet and risk of cardiovascular disease and type 2 diabetes
2. Applying causal inference methods in nutritional epidemiology
3. Using biomarkers to improve measurement of dietary intake as well as explain mechanism underlying diet-disease relations