

Tine Bennedsen Gehrt
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Education

2019 Ph.d. in psychology, Aarhus University
2014 Master in psychology (MSc), Aarhus University, Denmark
2011 Bachelor in psychology (BSc), Aarhus University, Denmark

Academic Trajectory

2023 - 2028 Associate professor, Department of Clinical Medicine, Aarhus University
2023 - Researcher, Department of Research and Development, Prehospital Emergency Medical Services, Central Denmark Region
2022 - 2023 Researcher, Center on Autobiographical Memory Research, Aarhus University, Denmark
2019 - 2022 Postdoc, Center on Autobiographical Memory Research, Aarhus University, Denmark
2016 - 2019 Ph.d. student, Center on Autobiographical Memory Research, Aarhus University, Denmark
2014 - 2016 Research Assistant, Center on Autobiographical Memory Research, Aarhus University, Denmark

Research areas

Psychological distress and mental well-being Symptoms of psychological distress; Symptoms of psychological disorders; Well-being; Negative life events
Prehospital Emergency Medical Services: Employee perspectives; Patient perspective; The Acute Healthcare system

Grants

2021 The Danish Victims Fund - research project - 1.278.290 DKK
2019 Lundbeck Foundation - travel grant - 10.500 DKK
2017 Augustinus Foundation – travel grant - 8.000 DKK
2017 Association for Psychological Science (APS) – travel grant - 150 USD
2016 Jascha Foundation (co-applicant) – grant for fMRI study - 154.650 DKK
2015 Illum Foundation (co-applicant)– grant for fMRI study - 20.000 DKK
2014 Central Denmark Region Health Research Foundation - 100.000 DKK

Publications

“I surely don’t call for fun”: experiences of being a “frequent caller” to the Danish emergency helpline

Laursen, C. B., Gehrt, T. B., Huibers, L., Bossen, C. & Vaeggemose, U., Dec 2025, In: BMC Public Health. 25, 1, 12 p., 365.

Reorganization of the Danish out-of-hours primary care – a descriptive study

Søvsø, M., Thomsen, J. L., Christensen, E. F., Iversen, K. K., Folke, F., Mogensen, C. B., Lassen, A. T., Søndergaard, J., Christensen, H. C., Elkjær, M., Heltberg, A. S., Vaeggemose, U., Mikkelsen, S., Andersen, L. B., Gude, M. F., Gehrt, T. B., Zakariassen, E. & Huibers Hillebrand, A. M. J., Apr 2025, (Accepted/In press) In: Scandinavian Journal of Primary Health Care.

Is non-conveyance solo-ambulances a useful mean to meet the increasing demand for emergency medical services in Denmark?

Møller, F. A., Persson, M. L., Engholm Larsen, E., Jensen, P. H. K., Vaeggemose, U. & Gehrt, T. B., 25 Feb 2025, In: BMC Health Services Research. 25, 1, p. 307 1 p.

Trajectories of Change, Illness Understanding, and Parental Worries in Children and Adolescents Undergoing Internet-Delivered Cognitive-Behavioral Therapy for Functional Abdominal Pain Disorders: Protocol for a Single-Case Design and Explorative Pilot Study

Nielsen, E. S., Kallesøe, K., Gehrt, T. B., Bjerre-Nielsen, E., Lalouni, M., Frostholm, L., Bonnert, M. & Rask, C. U., 7 Jan 2025, In: JMIR Research Protocols. 14, e58563.

Medical dispatchers' experience with live video during emergency calls: a national questionnaire study

Bohnstedt-Pedersen, N., Linderøth, G., Helios, B., Christensen, H. C., Thomsen, B., Bekker, L., Gram, J., Vaeggemose, U. & Gehrt, T. B., Nov 2024, In: BMC Health Services Research. 24, 1, 1442.

Individual differences in autobiographical memory: A Danish version of the Autobiographical Recollection Test (ART)

Gehrt, T. B., Nielsen, N. P. & Berntsen, D., 2024, In: Nordic Psychology. 76, 1, p. 116-133 18 p.

Measuring narrative identity: rater coding versus questionnaire-based approaches

Gehrt, T. B., Nielsen, N. P., Hoyle, R., Rubin, D. & Berntsen, D., 2024, In: Memory. 32, 7, p. 863-873 11 p.

Narrative identity does not predict well-being when controlling for emotional valence

Gehrt, T. B., Nielsen, N. P., Hoyle, R., Rubin, D. & Berntsen, D., Sept 2023, In: Memory. 31, 8, p. 1051-1061 11 p.

A New Experimental Design to Examine Cognitive Biases for Gastrointestinal Related Stimuli in Children and Adolescents

Bjerre-Nielsen, E., Kallesøe, K. H., Nielsen, E. S., Gehrt, T. B., Frostholm, L. & Rask, C. U., Aug 2023, In: Children. 10, 8, 14 p., 1327.

Resting-state connectivity and neural response to emotional images in patients with severe health anxiety: An fMRI study

Gehrt, T. B., Macoveanu, J., Bailey, C., Fisher, P., Pallesen, K. J. & Frostholm, L., Mar 2023, In: Journal of Affective Disorders. 324, p. 370-378

Adverse childhood experiences in patients with severe health anxiety: No evidence for an increased frequency compared to patients with obsessive-compulsive disorder

Gehrt, T. B., Obermann, M. L., Toth, F. E. & Frostholm, L., Dec 2022, In: Scandinavian Journal of Psychology. 63, 6, p. 565-572 8 p.

Individual differences in autobiographical memory predict memory confidence but not memory accuracy

Nielsen, N. P., Gehrt, T. B. & Berntsen, D., 17 Nov 2022, In: Journal of Applied Research in Memory and Cognition. 12, 4, p. 542-551 10 p.

Thought Characteristics in Patients With Severe Health Anxiety: A Comparison With Obsessive-Compulsive Disorder and Healthy Controls

Gehrt, T. B., Frostholm, L., Obermann, M.-L. & Berntsen, D., 21 Mar 2022, In: Psychology of Consciousness: Theory, Research, and Practice. 10, 1, p. 76-87 12 p.

Individual Differences in Autobiographical Memory: The Autobiographical Recollection Test Predicts Ratings of Specific Memories Across Cueing Conditions

Gehrt, T. B., Nielsen, N. P., Hoyle, R., Rubin, D. & Berntsen, D., Mar 2022, In: Journal of Applied Research in Memory and Cognition. 11, 1, p. 85-96 12 p.

Conscious thought during the resting state in patients with severe health anxiety and patients with obsessive-compulsive disorder

Gehrt, T. B., Frostholm, L., Pallesen, K. J., Obermann, M.-L. & Berntsen, D., Sept 2020, In: Psychology of Consciousness: Theory, Research, and Practice. 7, 3, p. 207-217 11 p.

Health Anxiety: Conceptualization and Future Directions

Rask, C. U., Gehrt, T. B., Rimvall, M. K. & Frostholm, L., May 2020, In: Zeitschrift fur Psychologie / Journal of Psychology. 228, 2, p. 141-144

Autobiographical memory and episodic future thinking in severe health anxiety: A comparison with obsessive-compulsive disorder

Gehrt, T. B., Frostholm, L., Obermann, M.-L. & Berntsen, D., Feb 2020, In: Cognitive Therapy and Research. 44, 1, p. 89-107 19 p.

Encoding and retrieval biases for health-related scenes in patients with severe health anxiety

Gehrt, T. B., Niziurski, J. A., Frostholm, L. & Berntsen, D., 2019, In: Memory. 27, 8, p. 1110-1121 12 p.

Psychological and Clinical Correlates of the Centrality of Event Scale: A systematic review

Gehrt, T. B., Berntsen, D., Hoyle, R. H. & Rubin, D., Nov 2018, In: Clinical Psychology Review. 65, p. 57-80 24 p.

The Role of Illness Perceptions in Predicting Outcome Following Acute Whiplash Trauma - A Multicenter 12-month Follow-up Study

Gehrt, T. B., Carstensen, T., Ørnbøl, E., Fink, P., Kasch, H. & Frostholm, L., Jan 2015, In: The Clinical Journal of Pain. 31, 1, p. 14-20