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## Uddannelse

2019 Ph.d. i psykologi, Aarhus Universitet  
2014 Kandidat i psykologi (cand. psyk.), Aarhus Universitet  
2011 Bachelor i psykologi (BSc, Aarhus Universitet)

## Ansættelse

2023 - 2028 Lektor, Institut for Klinisk Medicin, Aarhus Universitet  
2023 - Forsker, Forskning og Udvikling, Præhospitalet, Region Midt  
2022 - 2023 Forsker, Center for Selvbiografisk Hukommelsesforskning, Aarhus Universitet  
2019 - 2022 Postdoc, Center for Selvbiografisk Hukommelsesforskning, Aarhus Universitet  
2016 - 2019 Ph.d.-studerende, Center for Selvbiografisk Hukommelsesforskning, Aarhus Universitet  
2014 - 2016 Videnskabelig assistent, Center for Selvbiografisk Hukommelsesforskning, Aarhus Universitet

## Forskningsområder

Mental lidelse og Symptomer på psykiske lidelser; Mental velvære; Negative livsbegivenheder velvære

Præhospitalet: Medarbejder perspektiver; Patient perspektiver; Det akutte sundhedssystem

## Fondsmidler

2021 Offerfonden - forskningsprojekt - 1.278.290 DKK  
2019 Lundbeckfonden - konferencedeltagelse - 10.500 DKK  
2017 Augustinus Fonden - udlandsophold - 8.000 DKK  
2017 Association for Psychological Science (APS) – konferencedeltagelse - 150 USD  
2016 Jascha Fonden (medansøger) – bevilling til fMRI studie - 154.650 DKK  
2015 Illum Fonden (medansøger) – bevilling til fMRI studie - 20.000 DKK  
2014 Region Midtjyllands Sundhedsvidenskabelige Forskningsfond - 100.000 DKK

## Publikationer

### **"I surely don't call for fun": experiences of being a "frequent caller" to the Danish emergency helpline**

Laursen, C. B., Gehrt, T. B., Huibers Hillebrand, A. M. J., Bossen, C. & Vaeggemose, U., 2025, (Accepteret/In press) I: BMC Public Health.

### **Medical dispatchers' experience with live video during emergency calls: a national questionnaire study**

Bohnstedt-Pedersen, N., Linderoth, G., Helios, B., Christensen, H. C., Thomsen, B., Bekker, L., Gram, J., Vaeggemose, U. & Gehrt, T. B., nov. 2024, I: BMC Health Services Research. 24, 1, 1442.

### **Individual differences in autobiographical memory: A Danish version of the Autobiographical Recollection Test (ART)**

Gehrt, T. B., Nielsen, N. P. & Berntsen, D., 2024, I: Nordic Psychology. 76, 1, s. 116-133 18 s.

### **Measuring narrative identity: rater coding versus questionnaire-based approaches**

Gehrt, T. B., Nielsen, N. P., Hoyle, R., Rubin, D. & Berntsen, D., 2024, I: Memory. 32, 7, s. 863-873 11 s.

### **Narrative identity does not predict well-being when controlling for emotional valence**

Gehrt, T. B., Nielsen, N. P., Hoyle, R., Rubin, D. & Berntsen, D., sep. 2023, I: Memory. 31, 8, s. 1051-1061 11 s.

**A New Experimental Design to Examine Cognitive Biases for Gastrointestinal Related Stimuli in Children and Adolescents**  
Bjerre-Nielsen, E., Kallesøe, K. H., Nielsen, E. S., Gehrt, T. B., Frostholm, L. & Rask, C. U., aug. 2023, I: Children. 10, 8, 14 s., 1327.

**Resting-state connectivity and neural response to emotional images in patients with severe health anxiety: An fMRI study**  
Gehrt, T. B., Macoveanu, J., Bailey, C., Fisher, P., Pallesen, K. J. & Frostholm, L., mar. 2023, I: Journal of Affective Disorders. 324, s. 370-378

**Adverse childhood experiences in patients with severe health anxiety: No evidence for an increased frequency compared to patients with obsessive-compulsive disorder**  
Gehrt, T. B., Obermann, M. L., Toth, F. E. & Frostholm, L., dec. 2022, I: Scandinavian Journal of Psychology. 63, 6, s. 565-572 8 s.

**Individual differences in autobiographical memory predict memory confidence but not memory accuracy**  
Nielsen, N. P., Gehrt, T. B. & Berntsen, D., 17 nov. 2022, I: Journal of Applied Research in Memory and Cognition. 12, 4, s. 542-551 10 s.

**Thought Characteristics in Patients With Severe Health Anxiety: A Comparison With Obsessive-Compulsive Disorder and Healthy Controls**  
Gehrt, T. B., Frostholm, L., Obermann, M.-L. & Berntsen, D., 21 mar. 2022, I: Psychology of Consciousness: Theory, Research, and Practice. 10, 1, s. 76-87 12 s.

**Individual Differences in Autobiographical Memory: The Autobiographical Recollection Test Predicts Ratings of Specific Memories Across Cueing Conditions**  
Gehrt, T. B., Nielsen, N. P., Hoyle, R., Rubin, D. & Berntsen, D., mar. 2022, I: Journal of Applied Research in Memory and Cognition. 11, 1, s. 85-96 12 s.

**Conscious thought during the resting state in patients with severe health anxiety and patients with obsessive-compulsive disorder**  
Gehrt, T. B., Frostholm, L., Pallesen, K. J., Obermann, M.-L. & Berntsen, D., sep. 2020, I: Psychology of Consciousness: Theory, Research, and Practice. 7, 3, s. 207-217 11 s.

**Health Anxiety: Conceptualization and Future Directions**  
Rask, C. U., Gehrt, T. B., Rimvall, M. K. & Frostholm, L., maj 2020, I: Zeitschrift fur Psychologie / Journal of Psychology. 228, 2, s. 141-144

**Autobiographical memory and episodic future thinking in severe health anxiety: A comparison with obsessive-compulsive disorder**  
Gehrt, T. B., Frostholm, L., Obermann, M.-L. & Berntsen, D., feb. 2020, I: Cognitive Therapy and Research. 44, 1, s. 89-107 19 s.

**Encoding and retrieval biases for health-related scenes in patients with severe health anxiety**  
Gehrt, T. B., Niziurski, J. A., Frostholm, L. & Berntsen, D., 2019, I: Memory. 27, 8, s. 1110-1121 12 s.

**Psychological and Clinical Correlates of the Centrality of Event Scale: A systematic review**  
Gehrt, T. B., Berntsen, D., Hoyle, R. H. & Rubin, D., nov. 2018, I: Clinical Psychology Review. 65, s. 57-80 24 s.

**The Role of Illness Perceptions in Predicting Outcome Following Acute Whiplash Trauma - A Multicenter 12-month Follow-up Study**  
Gehrt, T. B., Carstensen, T., Ørnboel, E., Fink, P., Kasch, H. & Frostholm, L., jan. 2015, I: The Clinical Journal of Pain. 31, 1, s. 14-20