

Employment

Curriculum Vitae

Education

2004-2008 PhD in psychology, University of St Andrews, St Andrews, UK

2000-2004 BA in Social Science with First Class Honours, University of Strathclyde, Glasgow, UK

Research Positions

Nov' 15 - present Associate Professor, Aarhus University

April '10 - Oct' 15 Postdoctoral Researcher, CON AMORE, Aarhus University, Denmark

Sept '09 - Dec '09 Associate Research Fellow, Mood Disorders Centre, University of Exeter, UK

June '08 - Sept '09 Post-Doctoral Research Fellow, Mood Disorders Centre, University of Exeter UK

Mar '07 - June '08 Researcher, School of Psychology, University of St Andrews, St Andrews, UK

Dec '07 - May '08 Research Assistant, School of Psychology, University of St Andrews, UK

Dec '05 - June '06 Visiting Researcher, Department of Psychology, University of Strathclyde, UK

Dec '04 - May '04 Research Assistant, School of Psychology, University of St Andrews, UK

Teaching Areas

Clinical Psychology

Psychological Research Methods

Psychological Testing and Assessment Methods

Clinical Perspectives on Autobiographical Memory

Reflections on Psychological Theory and Practice

Research Areas

Clinical Psychology: depression, anxiety, complicated grief and PTSD

Cognition and Emotion

Self-regulation

Psychological treatment

Publications

The flashbulb-like nature of memory for the first COVID-19 case and the impact of the emergency: A cross-national survey

Lanciano, T., Alfeo, F., Curci, A., Marin, C., D'Uggento, A. M., Decarolis, D., Öner, S., Anthony, K., Barzykowski, K., Bascón, M., Benavides, A., Cabildo, A., de la Mata-Benítez, M. L., Ergen, İ., Filip, K., Gofman, A., Janssen, S. M. J., Kabin, Z., Markostamou, I. & Matías-García, J. A. & 6 others, Nourkova, V., Oleksiak, S., Santamaría, A., Szpunar, K., Taylor, A. & Watson, L. A., 2024, In: *Memory*. 32, 2, p. 264-282 19 p.

Retrospective future thinking: Keeping distant personal future events mentally close

Roderer, A. V., Bohn, A. & Watson, L. A., Aug 2023, In: *Quarterly Journal of Experimental Psychology*. 76, 8, p. 1817-1829 13 p.

Collective remembering and future forecasting during the COVID-19 pandemic: How the impact of COVID-19 affected the themes and phenomenology of global and national memories across 15 countries

Öner, S., Watson, L. A., Adigüzel, Z., Ergen, İ., Bilgin, E., Curci, A., Cole, S., de la Mata, M. L., Janssen, S. M. J., Lanciano, T., Markostamou, I., Nourkova, V., Santamaría, A., Taylor, A., Barzykowski, K., Bascón, M., Bermeitinger, C., Cubero-Pérez, R., Dessenberger, S. & Garry, M. & 10 others, Gülgöz, S., Hackländer, R., Heux, L., Jin, Z., Lojo, M., Matías-García, J. A., Roediger, H. L., Szpunar, K., Tekin, E. & Uner, O., Apr 2023, In: *Memory and Cognition*. 51, 3, p. 729-751 23 p.

Schema-driven involuntary categoric memory in depression

Matsumoto, N., Watson, L. A. & Kuratomi, K., Feb 2023, In: *Cognitive Therapy and Research*. 47, 1, p. 52-68 17 p.

Sad reflections of happy times: depression vulnerability and experiences of sadness and happiness upon retrieval of positive autobiographical memories

Isham, A. E., Watson, L. A. & Dritschel, B., Nov 2022, In: *Memory*. 30, 10, p. 1288-1301 14 p.

Subjective judgments on direct and generative retrieval of autobiographical memory: The role of interoceptive sensibility and emotion

Matsumoto, N., Watson, L. A., Fujino, M., Ito, Y. & Kobayashi, M., Nov 2022, In: *Memory and Cognition*. 50, 8, p. 1644-1663

Spontaneous Past and Future Thinking About the COVID-19 Pandemic Across 14 Countries: Effects of Individual and Country-Level COVID-19 Impact Indicators

Cole, S. N., Markostamou, I., Watson, L. A., Barzykowski, K., Ergen, İ., Taylor, A. & Öner, S., 27 Oct 2022, In: *Journal of Applied Research in Memory and Cognition*. 12, 4, p. 502-512 11 p.

Remembering future life goals: Retrospective future thinking affects life goal qualities

Roderer, A. V., Watson, L. A. & Bohn, A., Jun 2022, In: *Acta Psychologica*. 226, 103582.

Et review af rt-fMRI-neurofeedback som intervention til behandling af dysfunktion i emotionsregulering

Jerichow, M. M. & Watson, L. A., Sept 2021, In: *Psyke & Logos*. 42, 1, p. 207-231

Changes in perceived centrality of anxious events following cognitive behavioral therapy for social anxiety disorder and panic disorder

O'Toole, M. S., Watson, L., Rosenberg, N. K. & Berntsen, D., Jun 2018, In: *Journal of Behavior Therapy and Experimental Psychiatry*. 59, p. 150-156 7 p.

Autobiographical memory functions and posttraumatic stress symptoms across adulthood

del Palacio Gonzalez, A., Watson, L. A. & Berntsen, D., 2018, In: *Memory*. 26, 7, p. 985-992 8 p.

Prolonged grief reactions after old age spousal loss and centrality of the loss in post loss identity

Eckholdt, L., Watson, L. & O'Connor, M., 2018, In: *Journal of Affective Disorders*. 227, p. 338-344 7 p.

Emotional Intensity and Emotion Regulation in Response to Autobiographical Memories During Dysphoria

del Palacio Gonzalez, A., Berntsen, D. & Watson, L. A., 2017, In: *Cognitive Therapy and Research*. 41, 4, p. 530-542 13 p.

Negative autobiographical memories in social anxiety disorder: A comparison with panic disorder and healthy controls

O'Toole, M. S., Watson, L. A., Rosenberg, N. & Berntsen, D., 1 Mar 2016, In: *Journal of Behavior Therapy and Experimental Psychiatry*. 50, p. 223-230 8 p.

Involuntary and voluntary autobiographical memory specificity as a function of depression

Watson, L. A., Berntsen, D., Kuyken, W. & Watkins, E., Mar 2013, In: *Journal of Behavior Therapy and Experimental Psychiatry*. 44, 1, p. 7-13 7 p.

Guided self-help concreteness training as an intervention for major depression in primary care: a Phase II randomized controlled trial

Watkins, E. R., Taylor, R. S., Baeyens, C., Read, R. & Watson, L. A., 2012, In: *Psychological Medicine*. 42, 7, p. 1359-1371 13 p.

The characteristics of involuntary and voluntary autobiographical memories in depressed and never depressed individuals

Watson, L. A., Berntsen, D., Kuyken, W. & Watkins, E. R., 2012, In: *Consciousness and Cognition*. 21, 3, p. 1382-92 11 p.

Changes in the relationship between self-reference and emotion as a function of dysphoria

Watson, L. A., Dritschel, B., Jentsch, I. & Obonsawin, M., 1 Feb 2008, In: *British Journal of Psychology*. 10, p. 143 152 p.

Changes in the relationship between self-reference and emotional valence as a function of dysphoria

Watson, L. A., Dritschel, B., Jentsch, I. & Obonsawin, M. C., Feb 2008, In: British Journal of Psychology. 99, 1, p. 143-152 10 p.

Seeing yourself in a positive light: brain correlates of the self-positivity bias

Watson, L. A., Dritschel, B., Obonsawin, M. & Jentsch, I., 23 Mar 2007, In: Brain Research. 1152, p. 106 110 p.