

Johanne Jeppesen Lomholt
(Maiden name: Johanne Højhus Jeppesen)
Associate Professor
Head of Centre, CEBU
Department of Psychology and Behavioural Sciences
Postal address:
Bartholins Allé 9
1350, 328
8000
Aarhus C
Denmark
Email: johanhj@psy.au.dk
Phone: +4587165827



Education

2013 PhD, Department of Psychology and Behavioural Sciences, Aarhus University
2008 MSc (Psychology), Department of Psychology and Behavioural Sciences, Aarhus University

Employment History

2021- Head of Centre, CEBU
2020- Associate professor, Department of Psychology and Behavioural Sciences, Aarhus University
2016-2020 Assistant Professor, Department of Psychology and Behavioural Sciences, Aarhus University
2013-2016 Postdoc, TrygFonden's Centre for Child Research, Aarhus University

Research areas

- Pediatric psychology among these pediatric pain
- School well-being
- School absenteeism
- Anxiety in youth

Teaching areas

- Clinical child psychology at bachelor and master level
- Research methods
- Supervision master-theses
- PhD supervision

Selected grants awarded

2023 TrygFonden: Forebyggende indsats mod angst
2023 TrygFonden: Cool Kids Visuel
2023 A.P. Møllerske støttefond: Cool Kids Visuel
2021 TrygFonden: Implementation of interventions for anxiety in youth
2019 TrygFonden: Bildung Project
2016 Innovation Fund Denmark, project manager, PI: Mikael Thastum
2014 TrygFondens Child Research Centre, Seed Money

Publications

2024

Skaarnes, H., Sørensen, N. M., Houe Wisnewski, A., Lomholt, J. J., Thastum, M., McLellan, L. F., & Mathiasen, K. (2024). Internet-based cognitive behavioral intervention for adolescents with anxiety disorders: a study protocol for a parallel three armed randomized controlled trial. *Trials*, 25, Article 674. <https://doi.org/10.1186/s13063-024-08511-0>

Johnsen, D. B., Lomholt, J. J., Heyne, D., Jensen, M. B., Jeppesen, P., Silverman, W. K., & Thastum, M. (2024). The Effectiveness of Modular Transdiagnostic Cognitive Behavioral Therapy Versus Treatment as Usual for Youths Displaying School Attendance Problems: A Randomized Controlled Trial. *Research on Child and Adolescent Psychopathology*, 52(9), 1397–1412. <https://doi.org/10.1007/s10802-024-01196-8>

Teyken, R. M., Lomholt, J. J., & Schou, A. J. (2024). A qualitative study of motivation to self-management in pediatric diabetes health care consultations with adolescents with type 1 diabetes. *Medical Research Archives*, 12(3). <https://doi.org/10.18103/mra.v12i3.5230>

Thastum, M., Lomholt, J. J., & Johnsen, D. B. (2024). Back2School: en intervention for børn med bekymrende skolefravær. *Pædagogisk Psykologisk Tidsskrift*, 61(3), 78-91.

Sørensen, N. M., & Lomholt, J. J. (2024). Internetbaseret terapi – kan man gå til psykolog hjemmefra? <https://bpno.dk/artikler/internetbaseret-terapi-kan-man-gaa-til-psykolog-hjemmefra/>

2022

Lomholt, J. J., Nielsen Arendt, J., Bolvig, I., & Thastum, M. (2022). Children with School Absenteeism: Comparing Risk Factors Individually and in Domains. *Scandinavian Journal of Educational Research*, 66(3), 411-426. <https://doi.org/10.1080/00313831.2020.1869085>

Johnsen, D. B., Lomholt, J. J., Heyne, D., Jeppesen, P., Jensen, M. B., Silverman, W. K., & Thastum, M. (2022). Sociodemographic and clinical characteristics of youths and parents seeking psychological treatment for school attendance problems. *PLOS ONE*, 17(1), Article e0261449. <https://doi.org/10.1371/journal.pone.0261449>

2020

Randa, H., Khoury, L. R., Grønberg, T. K., Lomholt, J. J., Skov, L., & Zachariae, R. (2020). Development and preliminary validation of the Adolescent Psoriasis Quality of Life instrument (APso-QOL): a disease-specific measure of quality of life in adolescents with psoriasis. *British Journal of Dermatology*, 183(1), 96-104. <https://doi.org/10.1111/bjd.18719>

Lomholt, J. J., Johnsen, D. B., Silverman, W. K., Heyne, D., Jeppesen, P., & Thastum, M. (2020). Feasibility study of Back2School, a modular cognitive behavioral intervention for youth with school attendance problems. *Frontiers in Psychology*, 11, Article 586. <https://doi.org/10.3389/fpsyg.2020.00586>

2019

Damgaard-Møller, S. P., & Lomholt, J. J. (2019). Hvad driver de ambitiøse elever? En kritisk analyse af brugbarheden af Dwecks teori som forklaringsmodel for mentale karakteristika hos "12-tals piger". *Pædagogisk Psykologisk Tidsskrift*, 56(5/6), 102-113.

Lomholt, J. J., Johnsen, D. B., & Thastum, M. (2019). Hvordan hjælper vi børn med problematisk skolefravær? erfaringer fra Back2School-projektet. *Ledelse i Morgen - Tidsskrift for pædagogisk ledelse*, 22(4).

Thastum, M., Johnsen, D. B., Silverman, W. K., Jeppesen, P., Heyne, D. A., & Lomholt, J. J. (2019). The Back2School modular cognitive behavioral intervention for youths with problematic school absenteeism: study protocol for a randomized controlled trial. *Trials*, 20(1), Article 29. <https://doi.org/10.1186/s13063-018-3124-3>

2018

Randa, H., Lomholt, J. J., Skov, L., & Zachariae, R. (2018). Health-related quality of life in adolescents with psoriasis: an interview-based study. *British Journal of Dermatology*, 178(6), 1404-1411. <https://doi.org/10.1111/bjd.16326>

Lomholt, J. J. (2018). Fravær og mistrivsel i skolen. *Samfundsøkonomen*, (1), 43-45.

Mahler, B., Lomholt, J. J., & Herlin, T. (2018). Anxiety symptoms predict poor sleep quality in children with juvenile idiopathic arthritis. *Pediatric Rheumatology*, *16*(52), Article P399. <https://doi.org/10.1186/s12969-018-0265-6>

2017

Nørgaard, M., Lomholt, J. J., Thastum, M., Herlin, M., Twilt, M., & Herlin, T. (2017). Accelerometer-assessed daily physical activity in relation to pain cognition in juvenile idiopathic arthritis. *Scandinavian Journal of Rheumatology*, *46*(1), 22-26. <https://doi.org/10.3109/03009742.2016.1160146>

2016

Lomholt, J. J., Jacobsen, E. B., Thastum, M., & Pilegaard, H. (2016). A prospective study on quality of life in youths after pectus excavatum correction. *Annals of Cardiothoracic Surgery*, *5*(5), 456-465. <https://doi.org/10.21037/acs.2016.08.02>

2015

Lomholt, J. J., Thastum, M., Christensen, A. E., Leegaard, A., & Herlin, T. (2015). Cognitive behavioral group intervention for pain and well-being in children with juvenile idiopathic arthritis: a study of feasibility and preliminary efficacy. *Pediatric Rheumatology*, *13*(35). <https://doi.org/10.1186/s12969-015-0032-x>

Nørgaard, M., Lomholt, J. J., Thastum, M., Herlin, M., Twilt, M., & Herlin, T. (2015). Accelerometer-Assessed Daily Physical Activity in Relation to Pain Cognitions and Quality of Life in Juvenile Idiopathic Arthritis. *Arthritis & Rheumatology*, *67*(10), 2444.

Nørgaard, M., Lomholt, J. J., Thastum, M., Herlin, M., Twilt, M., & Herlin, T. (2015). Role of pain, pain coping and health beliefs in decreased accelerometer-assessed daily activity in juvenile idiopathic arthritis. *Annals of the Rheumatic Diseases*, *74*(2), 621.

2013

Lomholt, J. J. (2013, Aug 7). Arthritic kids feel pain even after successful treatment. <http://sciencenordic.com/arthritic-kids-feel-pain-even-after-successful-treatment>

Lomholt, J. J. (2013, Jul 27). Børn med gigt oplever smerter, efter sygdommen er taget af. <http://videnskab.dk/krop-sundhed/born-med-gigt-oplever-smerter-efter-sygdommen-er-taget-af>

Leegaard, A., Lomholt, J. J., Thastum, M., & Herlin, T. (2013). Decreased pain threshold in juvenile idiopathic arthritis: a cross-sectional study. *Journal of Rheumatology*, *40*(7), 1212-7. <https://doi.org/10.3899/jrheum.120793>

Lomholt, J. J., Thastum, M., & Herlin, T. (2013). Pain experience in children with juvenile idiopathic arthritis treated with anti-TNF agents compared to non-biologic standard treatment. *Pediatric Rheumatology*, *11*(21), 1-20. <https://doi.org/10.1186/1546-0096-11-21>

2012

Lomholt, J. J., Herlin, T., Christensen, A. E., Leegaard, A., & Thastum, M. (2012). Results of a waitlist controlled psychological group treatment program for children with juvenile idiopathic arthritis and their parents. *Journal of Psychosomatic Research*, *72*(6), 487.

Lomholt, J. J., Herlin, T., Christensen, A. E., Leegaard, A., & Thastum, M. (2012). A waitlist controlled trial of the efficacy of a psychological treatment program for children with juvenile idiopathic arthritis and their parents. *Annals of the Rheumatic Diseases*, *71*(3), 739. http://www.abstracts2view.com/eular/view.php?nu=EULAR12L_THU0475-HPR

Leegaard, A., Lomholt, J. J., Thastum, M., & Herlin, T. (2012). Pressure pain threshold and pain coping strategies in juvenile idiopathic arthritis: A cross-sectional study. *Annals of the Rheumatic Diseases*, 71(suppl. 3), 701.
<http://www.abstracts2view.com/eular/>

2010

Jacobsen, E. B., Thastum, M., Jeppesen, J. H., & Pilegaard, H. (2010). Health-related quality of life in children and adolescents undergoing surgery for pectus excavatum. *European Journal of Pediatric Surgery*, 20(2), 85-91.
<https://doi.org/10.1055/s-0029-1243621>

Jeppesen, J. H. (2010). Juvenil idiopatisk arthritis- smerter og TNF- α hæmmere. *BestPractice. Reumatologi*, 3(8), 5-7.
<http://www.bestprac.dk/>

Activities

2024

EABCT 2024

Lomholt, J. J. (Participant)
4 Sept 2024 → 7 Sept 2024

2023

Sociale Effektinvesteringer som redskab til at løfte børns og unges mentale trivsel

Lomholt, J. J. (Participant)
9 Mar 2023

2022

EABCT 2022

Lomholt, J. J. (Participant)
7 Sept 2022 → 10 Sept 2022

2021

Meeting on Quantitative Educational Research in Denmark

Lomholt, J. J. (Participant)
25 Nov 2021 → 26 Nov 2021

27th European Paediatric Rheumatology Congress

Lomholt, J. J. (Participant)
19 Sept 2021 → 21 Sept 2021

2020

Back to School: Konference om skolefravær

Lomholt, J. J. (Organizer)
4 Nov 2020

2019

INSA Conference

Lomholt, J. J. (Participant)
16 Oct 2019 → 18 Oct 2019

2018

N=1 Stockholm symposium

Lomholt, J. J. (Participant)
26 Oct 2018

European Pediatric Psychology Conference

Lomholt, J. J. (Participant)
20 Sept 2018 → 21 Sept 2018

2017

The 9th International Congress of Cognitive Psychotherapy

Lomholt, J. J. (Participant)
29 Jun 2017 → 1 Jul 2017

2016

Skole og Skoling

Lomholt, J. J. (Speaker)
9 Feb 2016

2015

Hvad gør vi ved skolefravær i PPR regi?

Lomholt, J. J. (Organizer)
5 Feb 2015

Hvad gør vi ved skolefravær?

Lomholt, J. J. (Organizer)
2 Feb 2015

2014

Kick off workshop for AU Network of Public Mental Child Health

Lomholt, J. J. (Participant)
12 Dec 2014

Conference on Evidence on Schooling and Wellbeing

Lomholt, J. J. (Participant)
28 Aug 2014 → 29 Aug 2014

15th CWIG Meeting

Lomholt, J. J. (Speaker)
14 Jun 2014

AU Workshop: The Well-being of Children and Youth

Lomholt, J. J. (Speaker)

17 Jan 2014

2013

Opening Conference: Trygfonden's Centre for Child Research

Lomholt, J. J. (Participant)

29 Aug 2013 → 31 Aug 2013

9th International Symposium on Pediatric Pain

Lomholt, J. J. (Participant)

17 Jun 2013 → 20 Jun 2013

Dansk Børnereumatologisk Selskabs 7. videnskabelige møde

Lomholt, J. J. (Speaker)

8 Apr 2013

2012

15th Annual Meeting of the European Association for Consultation-Liaison Psychiatry and Psychosomatic (EACLPP) & 29th European Conference on Psychosomatic Research (ECPR)

Lomholt, J. J. (Participant)

27 Jun 2012 → 30 Jun 2012

Annual European Congress of Rheumatology

Lomholt, J. J. (Participant)

6 Jun 2012 → 9 Jun 2012

2009

Acceptance and Commitment Therapy with Children

Lomholt, J. J. (Participant)

17 Sept 2009 → 18 Sept 2009

Børneafdelingens 4. Uddannelses- og Forsknings Symposium

Lomholt, J. J. (Participant)

11 Sept 2009 → 12 Sept 2009

Annual European Congress of Rheumatology 2009

Lomholt, J. J. (Participant)

10 Jun 2009 → 13 Jun 2009

Forskningsmatiné, Århus Universitetshospital, Skejby

Lomholt, J. J. (Participant)

1 Mar 2009 → ...

Prizes

The Danish Rheumatism Association: Student Award

Lomholt, J. J. (Recipient), 27 May 2009

Press / Media

Er du bange for at slippe dine børn løs uden opsyn?

Lomholt, J. J.

11/10/2024

1 Media contribution

"Er du en sur krokodille i dag?"

Lomholt, J. J.

01/10/2010

1 Media contribution

Er vi blevet for pylrede? Forældre frygter at lade børn færdes alene

Lomholt, J. J.

18/10/2024

1 Media contribution

Hjælp dit barn hvis det er bange for at komme til lægen

Lomholt, J. J.

12/10/2018

1 Media contribution

Smerter stopper ikke altid med sygdommen

Lomholt, J. J.

01/01/2011

1 Media contribution

Ude af form til at gå i skole

Thastum, M., Nielsen, T. L. & Lomholt, J. J.

22/03/2019

1 item of Media coverage