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## Publikationer

1. Trillingsgaard, T., Fentz, H. N., & Hansen, F. G. (2024). *Styrk Familiens Trivsel: Midtvejsanalyser: Faglig rapport fra Psykologisk Institut Nr. 1*.
2. Leth-Nissen, A. B., Fentz, H. N., Wellnitz, K. B., & Trillingsgaard, T. (2024). Development and Validation of the Assessment Inventory on Relationship Risks and Resources (AIRR). *Family Relations*. adv. onlinepublikation. <https://doi.org/10.1111/fare.13007>
3. Trillingsgaard, T., Fentz, H. N., & Simonsen, M. (2024). Does Group-Based Parent Support during the Transition to Parenthood affect Child Socio-Emotional Problems and Health Care Utilization? A Randomized Controlled Trial. *Social Science & Medicine*, 347(April), artikel 116741. <https://doi.org/10.1016/j.socscimed.2024.116741>
4. Warrington, S. Ø., Trillingsgaard, T., Leth-Nissen, A. B., & Fentz, H. N. (2024). Focusing on the Positive: Self-Selected Relationship Strengths as an Indicator of Relationship Distress. *Journal of Couple and Relationship Therapy*, 23(1), 62-77. <https://doi.org/10.1080/15332691.2023.2279551>
5. Greve, L. T., Fentz, H. N., & Trillingsgaard, T. (2023). Parent Training for 842 Families Experiencing Disruptive Child Behavior across 19 Danish Community Sites: A Benchmark Effectiveness Study. *Scandinavian Journal of Psychology*, 64(6), 693-704. <https://doi.org/10.1111/sjop.12925>
6. Salivar, E. G., Roddy, M. K., Hirlmann, A. M., Trillingsgaard, T., Guttman, S., Hatch, G., & Braithwaite, S. R. (2023). *New horizons of digital relationship research: Expanding methods, Reach, and Application*. Abstract fra ABCT 57th Annual Convention.
7. Crasta, D., Knopp, K., Britton, P., Trillingsgaard, T., & Cordova, J. (2023). *Replacing "Too Little, Too Late" with "a Bit Less, a Bit Sooner": Exploring the Potential of a Stepped-Care Approach to Relationship Health*. Abstract fra ABCT 57th Annual Convention.
8. Hansen, F. G., Wüst, M., Simonsen, M., Fentz, H. N., & Trillingsgaard, T. (2023). *Causal effects of couple-focused interventions on family health and economics*. Poster session præsenteret ved ABCT 57th Annual Convention.
9. Greve, L. T., Fentz, H. N., & Trillingsgaard, T. (2023). *Exploring contextual, individual and family-level moderators of the effectiveness of the Incredible Years Parent-training Program on Disruptive Child Behaviors in Preschool and School-aged Children*. Abstract fra ESFR: European Society on Family Relations congress, Roskilde, Danmark.
10. Trillingsgaard, T., Hansen, F. G., & Fentz, H. N. (2023). *Implementation of the OurRelationship program in a Danish context: Differential effects of recruitment method?*. Abstract fra 11 biannual conference of the European Society on Family Relations, Roskilde, Danmark.
11. Trillingsgaard, T., Fentz, H. N., & Hansen, F. G. (2023). *Stepped Care Treatment for Couple Distress: First data from a multi-site implementation*. Abstract fra 11 biannual conference of the European Society on Family Relations, Roskilde, Danmark.
12. Greve, L. T., Fentz, H. N., & Trillingsgaard, T. (2023). *Effectiveness of IYPT on disruptive child behaviors in 842 Danish families - a benchmark study*. Abstract fra Network Meeting, Manchester, Storbritannien.
13. Fentz, H. N., & Trillingsgaard, T. (2023). *Examining the Feasibility of the Implementation of a Self-help Program for Couples*. Abstract fra The European Society on Family Relations, Roskilde, Danmark.
14. Fentz, H. N., Nygaard, K., Simonsen, M., & Trillingsgaard, T. (2023). The Influence of Depressive Symptoms on Parenting: Examining Longitudinal Dyadic Spillover and Crossover Processes during the Transition to Parenthood. *Journal of Family Issues*, 44(2), 455-474. <https://doi.org/10.1177/0192513X211051387>
15. Leth-Nissen, A. B., Fentz, H. N., Stadler, G., & Trillingsgaard, T. (2023). A randomized controlled trial of a 5-year marriage checkup booster session for a subsample of responder couples. *Journal of Marital and Family Therapy*, 49(1), 49-73. <https://doi.org/10.1111/jmft.12601>
16. Kluwer, E. S., & Trillingsgaard, T. (in press). Psychological Perspectives on Partnering. I D. Mortelmans, L. Bernardi, & B. Perelli-Harris (red.), *Research Handbook on Partnering across the Life Course*
17. Leth-Nissen, A. B., Fentz, H. N., Trillingsgaard, T., & Stadler, G. (2023). Randomized Controlled Trial of the Marriage Checkup: Stress Outcomes. *Journal of Marital and Family Therapy*, 49(1), 242-259. <https://doi.org/10.1111/jmft.12620>
18. Trillingsgaard, T., & Fentz, H. N. (2022). *Piloting Methods for an RCT of "OurRelationship.dk": A Web-Based – Primarily Self-Help – Program for Couples with High Levels of Conflict or Distress*. Århus Universitet.
19. Trillingsgaard, T., Maimburg, R. D., & Simonsen, M. (2021). Group-based parent support during the transition to parenthood: Primary outcomes from a randomised controlled trial. *Social Science & Medicine*, 287, artikel 114340. <https://doi.org/10.1016/j.socscimed.2021.114340>

20. Trillingsgaard, T., Fentz, H. N., & Simonsen, M. (2021). *The Family Startup Program: Results from a randomized controlled trial of a universal group-based parenting support program*. Abstract fra International Association Relationship Research IARR London (Virtual conference).
21. Leth-Nissen, A. B., Fentz, H. N., Trillingsgaard, T., & Stadler, G. (2021). *Interventions through the Relationship Life Cycle: Lessons Learned from Denmark*. Abstract fra International Association Relationship Research IARR London (Virtual conference).
22. Fentz, H. N., & Trillingsgaard, T. (2021). *Piloting the web-based OurRelation program in a Danish context..* Abstract fra International Association Relationship Research IARR London (Virtual conference).
23. Turliuc, M. N., Milek, A., & Trillingsgaard, T. (2021). Editorial: Individual versus Dyadic Processes: Health and Relationship Outcomes. *Frontiers in Psychology*, 12, artikel 714548. <https://doi.org/10.3389/fpsyg.2021.714548>
24. Fentz, H. N., & Trillingsgaard, T. (2021). *Piloting the Web-based OurRelationship program for couples in a Danish Context*. Abstract fra International Association Relationship Research IARR London (Virtual conference).
25. Toft Hansen, A., Wüst, M., Hjorth Andersen, L., Fentz, H. N., Simonsen, M., & Trillingsgaard, T. (2020). *Dit første barn: evaluering af et universelt forældrekursus udbudt til førstegangsførelde i Frederiksberg Kommunes Sundhedspleje*. VIVE - Viden til velfærd. <https://www.vive.dk/media/pure/14902/4064361>
26. Fentz, H. N., Simonsen, M., & Trillingsgaard, T. (2019). General, interpersonal, and gender role specific risk factors of postpartum depressive symptoms in fathers. *Journal of Social and Clinical Psychology*, 38(7), 545-567. <https://doi.org/10.1521/jscp.2019.38.7.545>
27. Trillingsgaard, T., Fentz, H. N., Rottmann, N., & Øverup, C. S. (2019). *Couples' health, satisfaction, and intervention*. Abstract fra Intimate Relationship Research in Europe, Sønderborg, Danmark.
28. Simonsen, M., & Trillingsgaard, T. (2019). *Familieiværksætterne: en indledende analyse*. Århus Universitet.
29. Trillingsgaard, T. (2019). *Strengthening Intimate Relationships*. Abstract fra 33rd Congress of the European Federation of Psychology Students' Association (EFPSA), Grenaa, Danmark.
30. Trillingsgaard, T., Sørensen, T. K., & Nørr Fentz, H. (2019). Relationship Help-seeking in a Danish Population Sample. *Journal of Marital and Family Therapy*, 45(3), 380-394. <https://doi.org/10.1111/jmft.12347>
31. Fentz, H. N., Simonsen, M., & Trillingsgaard, T. (2019). *The influence of postnatal depressive symptoms on parenting in couples: Examining spillover, crossover and compensatory processes..* Abstract fra 9th World Congress of Behavioural and Cognitive Therapies 2019, Berlin.
32. Trillingsgaard, T., Fentz, H. N., Simonsen, M., & E. Heyman, R. (2019). The prevalence of intimate partner violence among couples signing up for universally offered parent preparation. *PLOS ONE*, 14(10), artikel e0223824. <https://doi.org/10.1371/journal.pone.0223824>
33. Trillingsgaard, T., & Nørr Fentz, H. (2018). *Building Survey Tool Technology Into Protocol and Therapist Training*. Abstract fra ABCT 52nd Annual Convention, Washington DC, USA.
34. Kristensen, I. H., Simonsen, M., Trillingsgaard, T., Pontoppidan, M., & Kronborg, H. (2018). First-time mothers' confidence mood and stress in the first months postpartum: A cohort study. *Sexual & Reproductive HealthCare*, 17, 43-49. <https://doi.org/10.1016/j.srhc.2018.06.003>
35. Wüst, M., Kristiansen, I. L., Trillingsgaard, T., & Nørr Fentz, H. (2018). *Dit første barn: Evaluering af et universelt forældrekursus udbudt til førstegangsførelde i Frederiksberg Kommunes Sundhedspleje. Notat 1: Baseline.* . VIVE - Viden til velfærd. [https://pure.sfi.dk/ws/files/1642115/Dit\\_F\\_rste\\_Barn.pdf](https://pure.sfi.dk/ws/files/1642115/Dit_F_rste_Barn.pdf)
36. Trillingsgaard, T., & Sommer, D. (2018). Associations between older maternal age, use of sanctions, and children's socio-emotional development through 7, 11, and 15 years. *European Journal of Developmental Psychology*, 15(2), 141-155. <https://doi.org/10.1080/17405629.2016.1266248>
37. Rimestad, M. L., Trillingsgaard, T., O'Toole, M. S., & Hougaard, E. (2018). Combining parent and teacher training for early ADHD: A randomized study of effectiveness. *Journal of Child and Family Studies*, 27(5), 1567-1578. <https://doi.org/10.1007/s10826-017-0982-3>
38. Nørr Fentz, H., Trillingsgaard, T., & Simonsen, M. (2018). *General, Interpersonal, and Gender Role Specific Risk Factors of Postnatal Depressive Symptoms in Danish Fathers and Mothers*. Poster session præsenteret ved Association of Behavioral and Cognitive Therapies, Annual Convention, Washington DC.
39. Trillingsgaard, T., Due, M. S., Nørr Fentz, H., & Steenberger, S. (2018). *Par-sjekk Manualen*. Center for Familieudvikling.
40. Kristensen, I. H., Simonsen, M., Trillingsgaard, T., & Kronborg, H. (2017). Video feedback promotes relations between infants and vulnerable first-time mothers: a quasi-experimental study. *BMC Pregnancy and Childbirth*, 17(1), 379. artikel 379. <https://doi.org/10.1186/s12884-017-1568-1>
41. Trillingsgaard, T., Trillingsgaard, A., & Webster-Stratton, C. (2017). *Virkningen af De Utrolige År forældretræning i forhold til yngre børn med ADHD symptomer*.
42. Kristensen, I. H., Simonsen, M., Trillingsgaard, T., & Kronborg, H. (2017). *Video feedback promotes the early relations between infants and vulnerable first time mothers: A quasi-experimental study of the Marte Meo method*. Abstract fra Nordisk Folkesundhedskonference, Aalborg, Danmark.

43. Trillingsgaard, T., Nørr Fentz, H., Hawrilenko, M., & Cordova, J. (2017). *Checking up on couples: Long term results from a randomized controlled trial of Par-tjek*. Abstract fra Child Development: The Roles of the Family and Public Policies, Vejle, Danmark.
44. Matthiesen, S. M. S., Riddersholm, L., Jensen, G. B., Jørgensen, K. S., & Trillingsgaard, T. (2017). *Evaluering af parrådgivning: Børnecentret, Socialforvaltningen, Aarhus Kommune*. Århus Kommune, Socialforvaltningen.
45. Kristensen, I. H., Trillingsgaard, T., Simonsen, M., & Kronborg, H. (2017). Are Health visitors' observations of early parent-infant interactions reliable? A cross-sectional design. *Infant Mental Health Journal*, 38(2), 276-288. <https://doi.org/10.1002/imhj.21627>
46. Fentz, H. N., & Trillingsgaard, T. (2017). Checking up on couples – a meta-analysis of the effect of assessment and feedback on marital functioning and individual mental health in couples. *Journal of Marital and Family Therapy*, 43(1), 31-50. <https://doi.org/10.1111/jmft.12185>
47. Trillingsgaard, T., & Nørr Fentz, H. (2017). AIRR - Assessment Inventories on Relationship Risk and Ressources (AIRR). Et online spørgeskema- og rapporteringsværktøj. Interaktiv produktion
48. Trillingsgaard, T., Nørr Fentz, H., Hawrilenko, M., & Cordova, J. (2017). *Relationship Health Care: Disseminating and Implementing the Marriage Checkup Across Diverse Settings: A Randomized Controlled Trial of the Marriage Checkup Adapted for Private Practice in Denmark*. Abstract fra Association of Behavioral and Cognitive Therapies, Annual Convention, San Diego, California, USA.
49. Trillingsgaard, T., Nørr Fentz, H., Hawrilenko, M., & Cordova, J. (2016). A randomized controlled trial of the Marriage Checkup adapted for private practice. *Journal of Consulting and Clinical Psychology*, 84(12), 1145-1152. <https://doi.org/10.1037/ccp0000141>
50. Bramsen, R. H., Poulsen, A. K. H., Sørensen, T. K., & Trillingsgaard, T. (2016). *Evaluering af behandlingstilbud til voldsudøvende mænd og deres familier: Ved Krisecenter Odense*.
51. Kristensen, I. H., Simonsen, M., Trillingsgaard, T., & Kronborg, H. (2016). *Video feedback promotes early relations between infants and vulnerable first-time mothers. A quasi-experimental study: Oral presentation WAIMH congress*. Abstract fra 15th World Congress of the World Association for Infant Mental Health, Prag, Tjekkiet.
52. Jacobsen, L. S. K., Steenberger, S., & Trillingsgaard, T. (2016). Det gyldne øjeblik i parforholdet. *Psyke & logos*, 37(1), 118-143. <https://tidsskrift-dk.ez.statsbiblioteket.dk:12048/psyke/article/download/25533/22437>
53. Sørensen, T. K., Nørr Fentz, H., & Trillingsgaard, T. (2016). *Help-seeking behaviors among Danish couples*. Poster session præsenteret ved ABCT's 50th Annual Convention, New York, USA.
54. Trillingsgaard, T., Due, M. S., Nørr Fentz, H., & Steenberger, S. (2016). *Par-tjek Manualen*. Center for Familieudvikling. <http://www.par-tjek.dk/>
55. Trillingsgaard, T., Maimburg, R. D., & Simonsen, M. (2015). The Family Startup Program: Study protocol for a randomized controlled trial of a universal group-based parenting support program. *B M C Public Health*, 15, artikel 409. <https://doi.org/10.1186/s12889-015-1732-3>
56. Trillingsgaard, T., Sommer, D., Lasgaard, M., & Elklit, A. (2014). Adult attachment and the perceived cost of housework and child care. *Journal of Reproductive and Infant Psychology*, 32(5), 508-519. <https://doi.org/10.1080/02646838.2014.945516>
57. Trillingsgaard, T., Trillingsgaard, A., & Webster-Stratton, C. (2014). Assessing the effectiveness of the 'Incredible Years parent training' to parents of young children with ADHD symptoms: A preliminary report. *Scandinavian Journal of Psychology*, 55(6), 538-545. <https://doi.org/10.1111/sjop.12155>
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59. Trillingsgaard, T., Baucom, K. J. W., & E. Heyman, R. (2014). Predictors of change in relationship satisfaction during the transition to parenthood. *Family Relations*, 63(5), 667-679. <https://doi.org/10.1111/fare.12089>
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61. Trillingsgaard, T., & Trillingsgaard, A. (2013). *Parent training and young children with ADHD*. Abstract fra Cross-National Incredible Years Meeting, Socialstyrelsen, Copenhagen, Danmark.
62. Baucom, K., Baucom, D., Doss, B., Gordon, K. C. C., Heyman, R. E., Stanley, S. M., & Trillingsgaard, T. (2013). *Beyond the intent to reach: Recruitment of couples for intervention research*. Abstract fra Association for Behavioral and Cognitive Therapies, Annual Convention, Nashville, USA. <http://www.abct.org/conv2013/>
63. Trillingsgaard, T., Due Madsen, A., Marcussen, S., Ringkøbing Rothenborg, J., Sindberg, T. H., & Steenberger, S. (2013). *Pas godt på hinanden: Når to bliver til tre*. Center for Familieudvikling.
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65. Trillingsgaard, T. (2012). *Relationship Satisfaction During the Transition to Parenthood: Preventing and Predicting Distress*. Department of Psychology and Behavioural Sciences, Aarhus University. [http://www.statsbiblioteket.dk/au/showrecord.jsp?record\\_id=sb\\_5505998](http://www.statsbiblioteket.dk/au/showrecord.jsp?record_id=sb_5505998)

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67. Lasgaard, M., Goossens, L., Bramsen, R. H., Trillingsgaard, T., & Elklit, A. (2011). Different sources of loneliness are associated with different forms of psychopathology in adolescence. *Journal of Research in Personality, 45*(2), 233-237. <https://doi.org/10.1016/j.jrp.2010.12.005>
68. Trillingsgaard, T., & Williams Baucom, K. (2011). *Predicting Individual and Interpersonal Adjustment across the Transition to Parenthood*. Poster session præseneteret ved 45th ABCT Annual Convention, Toronto, Canada.