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9 Combining pickups and deliveries in vehicle routing  
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30  
31 **Abstract**  
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33 This paper studies the effect on carbon emissions of consolidation of ship-  
34 ments on trucks. New positioning and communication technologies, as well  
35 as decision support systems for vehicle routing, enable better utilization of  
36 vehicle capacity, reduced travel distance, and thereby carbon emission reduc-  
37 tions. We present a novel carbon emission analysis method that determines  
38 the emission savings obtained by an individual transport provider, who re-  
39 ceives customer orders for outbound deliveries as well as pickup orders from  
40 supply locations. The transport provider can improve vehicle utilization by  
41 performing pickups and deliveries jointly instead of using separate trucks. In  
42 our model we assume that the transport provider minimizes costs by use of  
43 a tool that calculates detailed vehicle routing plans, i.e., an assignment of  
44 each transport order to a specific vehicle in the fleet, and the sequence of  
45 customer visit for each vehicle. We compare a basic set-up, in which pickups  
46 and deliveries are segregated and performed with separate vehicles, with two  
47 consolidation set-ups where pickups and deliveries may be mixed more or  
48 less freely on a single vehicle. By allowing mixing, the average vehicle load  
49 will increase and the total driven distance will decrease. To compare carbon  
50 emissions for the three set-ups, we use a carbon assessment method that uses  
51 the distance driven and the average load factor. An increase in the load fac-  
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tor can reduce part of the emission savings from consolidation. We find that emission savings are relatively large in case of small vehicles and for delivery and pickup locations that are relatively far from the depot. However, if a truck visits many demand and supply locations before returning to the depot, we observe negligible carbon emission decreases or even emission increases for consolidation set-ups, meaning that in such cases investing in consolidation through joint pickups and deliveries may not be effective. The results of our study will be useful for transport users and providers, policymakers, as well as vehicle routing technology vendors.

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*Keywords:* Pickup and Delivery, Consolidation, Carbon emissions

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## 23 24 25 26 **1. Introduction**

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Freight transport has a considerable negative environmental impact in the form of local pollutants, such as particular matter, and global pollutants, such as greenhouse gases. Worldwide, the movement of freight is responsible for about 10% of energy related carbon emissions; In domestic situations, much of these emissions are due to road transportation (92% in the United Kingdom) (McKinnon et al., 2015). One way to reduce these emissions is by using existing vehicle capacity better: McKinnon et al. (2015) report that around 20 to 25% of the hauls are performed with empty vehicles and that the average degree of vehicle utilization in the European Union ranges from 28% in Ireland to 45% in Denmark.

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Our study is motivated by the current aim of reducing carbon emissions through more efficient routing in freight transport. Léonardi and Baumgartner (2004) note that four freight transport efficiencies should be improved in order to reduce emissions: routing, logistics, driving and vehicle. Routing efficiencies refer to the route that the vehicles follow with the implication that a shorter route yields lower emissions. Logistic efficiencies refer to capacity utilization on-board a vehicle with the implication that greater load consolidation will reduce emissions. Driving efficiencies refer to the way the vehicle is driven in terms of speed and idling. Finally, vehicle efficiencies relate to the design of the vehicle itself in terms of fuel efficiency or alternative technologies. In this paper, we focus on the interrelated routing and logistics efficiencies. Specifically, we study the routing and load consolidation implications on carbon emissions in two pickup and delivery scenarios - one in which the vehicles perform all deliveries prior to commencing the pickups

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9 and one in which deliveries and pickups can occur freely.

10 There are studies on the effect of improving vehicle utilization on a large  
11 scale, e.g., in a region or a country, as in Walnum and Simonsen (2015).  
12 Such studies typically measure fuel usage or carbon emissions and relate the  
13 observed levels to input variables such as the load on the vehicle and the  
14 speed. However, it is then difficult to disentangle the improvements from  
15 better vehicle utilization from improvements in vehicle technology or routing  
16 tools. In our approach we model the decisions of an individual transport  
17 provider and determine the carbon emission savings resulting from consoli-  
18 dation of shipments. This allows us to assess the impact of vehicle utilization  
19 in isolation.  
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23 We can draw on techniques from the field of *green logistics*, where one  
24 minimizes fuel consumption or carbon emissions, often alongside other ob-  
25 jectives such as costs; see Demir et al. (2014a). Even though we do not  
26 optimize carbon emissions or fuel consumption, we compare the emissions of  
27 set-ups with different load factors, and need a similar method for computing  
28 emissions. In this paper, we use the simple but reasonable carbon emission  
29 computation method from Turkensteen (2016b), see Section 3.  
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32 If shipments are consolidated in such a way that the vehicle route does  
33 not change, vehicle utilization is increased. One consequence is that we need  
34 fewer hauls to serve the transport demand, thus reducing the distance driven.  
35 However, the effect of higher average payload will counteract the resulting  
36 carbon emission savings. We call this the *payload effect*.  
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38 An interesting side-effect occurs when consolidation is performed in such  
39 a way that new locations are added to the original route. In that case, the  
40 average distance traveled by each item can increase, for example because  
41 items destined to the end of a route have to go on a detour through locations  
42 that are not in the set-up without consolidation. In such cases, the emissions  
43 due to the payload on the vehicle can increase. We call this the *detour effect*.  
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46 As indicated above, we consider a specific case of consolidation, namely  
47 the possible combination of deliveries from a depot and pickups destined  
48 to the same depot on the same vehicle. This case is interesting for two  
49 reasons. First, both the payload and the detour effect can occur: When  
50 pickup locations are added to a delivery route, the items to be delivered  
51 may travel over a longer distance. The same applies for the addition of  
52 delivery locations to a pickup route. Second, there are several situations  
53 where combined deliveries and pickups on the same vehicle are attractive in  
54 practice.  
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9 In an overview, McLeod et al. (2008) focus on urban areas in the United  
10 Kingdom, mainly of the collection of packaging waste. They mention that  
11 retailers such as ASDA, Sainsbury, and Next use trucks to return recyclable  
12 packaging materials. Anily and Federgruen (1990) argue that grocery stores  
13 have discovered cost-cutting potential by allowing vehicles to collect large  
14 volumes of inbound materials on their delivery routes. In forestry, studies  
15 such as Carlgren et al. (2006) consider the usage of a return haul from a  
16 factory to a forest to carry a load in the opposite direction for another forestry  
17 company.

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20 Another interesting application arises from a trend towards the ‘circular  
21 economy’ where materials and products are reused (CircularEconomy.com,  
22 2016). One manifestation of this could be that a company sells a service,  
23 e.g. clothing or printing, to companies rather than physical products such as  
24 clothes or printers. The company would then be responsible for replacing or  
25 refilling products at given points in time. A well-known example is Eastman  
26 Kodak (Krumweide and Sheu, 2002). In clothing, the upcoming Danish  
27 company Vigga.us leases children’s clothes to customers, takes them back  
28 after usage, and replaces them with larger size clothes (Vigga.us, 2015). The  
29 examples from McLeod et al. (2008) fall in the same category. In all these  
30 cases, used materials or products could be collected by the vehicles that  
31 perform the deliveries.

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36 In order to perform our analysis we construct a model of the decisions  
37 taken by the transport provider. This model and its underlying assumptions  
38 are presented in Section 2. We consider two consolidation options, namely  
39 *backhauling*, a set-up in which all deliveries should take place before any  
40 pickup, and *mixing*, a set-up in which deliveries and pickups can be mixed  
41 freely, as long as the vehicle’s capacity is not exceeded. We analyze the  
42 carbon emission effects of the three different levels of flexibility regarding  
43 consolidation. Through computational experiments on a diverse set of in-  
44 stances, we consider the effect of different characteristics of the situation,  
45 such as the number of delivery and pickup locations and their distribution  
46 in an area.

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50 The environmental effect of combining deliveries and pickups has not been  
51 given much attention in the literature. To the best of our knowledge, the  
52 only study that provides numerical results on carbon emission savings is the  
53 one by Ubeda et al. (2011). The authors consider the case of backhauling  
54 within a case company during one week, and compare this to a (current)  
55 set-up with separate delivery and pickups and the set-up with the lowest  
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9 cost, as well as a set-up with minimal carbon emissions. It is found that the  
10 backhauling option yields about 15% less carbon emissions than the current  
11 set-up and around 5% less than the set-up that minimizes total costs. A  
12 more integrated set-up with mixing is not considered, and the results are  
13 confined to a single case study, with a single vehicle. As far as we know, no  
14 general study of carbon emission effects of combining deliveries and pickups  
15 has been reported.  
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18 The results of our study can be of use for companies and policymakers.  
19 A company or policymaker may wish to consider investments in the tools  
20 and vehicles necessary to consolidate inbound and outbound shipments, par-  
21 tially to reduce carbon emissions or fuel usage. Our results can be used to  
22 determine the case where such investments would be most successful. If it  
23 turns out that the emission savings are minimal in a given situation, e.g. for  
24 transport in a rural area, investments could be redirected to new vehicle tech-  
25 nology or routing decisions: In fact, we show that there may be distribution  
26 situations where such consolidation can lead to emission increases. Further,  
27 providers of vehicle routing tools (Bräysy and Hasle, 2014) may utilize our  
28 results in the future to enhance their products with better functionality for  
29 assessing carbon emission effects.  
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32 The rest of the paper is organized as follows. Section 2 describes our  
33 model of the distribution situation with deliveries and pickups, including the  
34 decisions to be made by the transport provider, and the model assumptions.  
35 Section 3 describes the method for computing carbon emissions and Section  
36 4 describes how we compute route lengths (distances) and load factors. Sec-  
37 tion 5 describes our experimental set-up, and Section 6 presents results and  
38 accompanying analysis. Finally, we draw conclusions and point to further  
39 research in Section 7.  
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## 45 **2. Our model of combining deliveries and pickups**

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47 We wish to isolate the effect on carbon emissions of combining two sep-  
48 arate flows, namely one flow from the depot to delivery locations, and one  
49 flow from the pickup locations (which could overlap with delivery locations)  
50 to the depot. In this section, we describe how a transport provider would  
51 operate such vehicles in our model, and specify the assumptions.  
52

53 The transport provider has a homogeneous fleet of vehicles. There is a  
54 set of *delivery locations*, to which items of specified size should be delivered,  
55 and a set of *pickup locations*, from which items of given size are picked up. A  
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9 location with both demand and supply is called a *joint location*. The goal of  
10 the transport provider is to find a cost minimal *routing plan*: a set of routes  
11 from the depot through all locations such that the required quantities are  
12 delivered to or picked up from each location, and vehicle capacity is obeyed.  
13 Figure 1 presents an example with three delivery and three pickup locations.

14  
15 In the basic *separate set-up*, a given vehicle can only be used to perform  
16 either deliveries or pickups on a route, but not both. As a consequence,  
17 there will be separate routes for the deliveries and the pickups. Now we  
18 assume that the transport provider has the option to use a given vehicle  
19 to perform both deliveries and pickups. We investigate and compare three  
20 set-ups corresponding to different levels of consolidation flexibility:  
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- 23 • the *separate set-up*, with separate fleets and routing plans for pickups  
24 and deliveries
- 25 • the *backhauling set-up*, where deliveries and pickups can be combined  
26 on a route, but all deliveries must take place before the first pickup
- 27 • the *mixing set-up*, where pickups and deliveries may be combined freely  
28 on a vehicle.  
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34 Insert Fig. 1 about here.  
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37 In Figure 1, we illustrate an example with deliveries from the depot to 3  
38 locations with demand of 3 t (ton) each, and pickups from 3 other locations  
39 with supply 2 t, each destined for the depot. Vehicles with a capacity of 10 t  
40 are available for deliveries and pickups. The driven distance in the separate  
41 set-up equals 77 km. If, however, pickup and delivery items can be mixed  
42 freely on a single vehicle as long as their total weight never exceeds the 10  
43 t capacity, the length of the combined delivery and pickup route is 42 km  
44 compared to the total length of the separate delivery and pickup routes of  
45 77 km.  
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48 In order to illustrate how the detour effect may counteract the emission  
49 savings from reduced travel distance, we use the example from Figure 1. In  
50 the mixing set-up, the number of ton-kilometers (tkm)<sup>1</sup> equals 317, but in  
51 the separate set-up, the total tkm is only 248. Implementation of combined  
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55 <sup>1</sup>This is calculated by multiplying the load on each leg with the length of that leg, and  
56 summing over all legs in the route.  
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9 delivery and pickups reduces the distance by 35 km to 42 km, but due to  
10 the detour effect, the number of tkm increases with 79, because items are on  
11 average transported over longer distances. These additional tkm may offset  
12 the emission savings.  
13

14 A question is then how the routing plans for the three set-ups are ob-  
15 tained. We assume that the transport provider minimizes total distance as a  
16 proxy for routing costs<sup>2</sup> in each of the three set-ups. The obtained solutions  
17 should be of reasonable quality that would result from an industrial vehicle  
18 routing solver; see Section 4. An alternative objective would be to explic-  
19 itly minimize carbon emissions or fuel consumption, as is done in Ubeda  
20 et al. (2011). The reason for not selecting this type of objective is that we  
21 would like to consider the routing solutions that a transport provider would  
22 construct in practice. We believe that transport providers of today will not  
23 accept routes with higher costs in return for lower carbon emissions. More-  
24 over, many models that minimize fuel consumption or carbon emissions often  
25 depend on complicated computations; see Section 3.  
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30 There are several key assumptions to our model. We assume that the  
31 quantities to be picked up and delivered are given. The fleet is homoge-  
32 neous, i.e., the vehicles all have the same capacity and the same emission  
33 characteristics. We note that, in order to combine deliveries and pickups, it  
34 may be necessary to invest in new vehicles with different characteristics, but  
35 this issue is outside the scope of our study. We limit ourselves to situations  
36 where many pickups and/or deliveries can be visited by a vehicle. Routes  
37 originate and terminate at a single location: the depot. Therefore, we do  
38 not study the case where a vehicle is filled on a return leg by taking a trans-  
39 port haul to a different location than the depot. These assumptions keep the  
40 model and its solution tractable. Removing them will be topics for future  
41 research.  
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### 46 3. Computation of carbon emissions 47

48 In order to compare the carbon emissions of the three set-ups, we need a  
49 way to calculate the emissions related to the distance driven and the load on  
50 the vehicle. To illustrate, we use the running example from Figure 1. In this  
51 example, the mixing set-up reduces the distance from 77 to 42 km compared  
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55 <sup>2</sup>We assume that the vehicles all drive with the same constant speed, so time is pro-  
56 portional to distance.  
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9 to the separate set-up, but increases the number of tkm from 248 to 317. In  
10 this Section, we describe a simplified but reasonable method for comparing  
11 the carbon emissions of different set-ups.  
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13 For our comparative study, we need the marginal emissions of adding a  
14 ton of load to the vehicle: average emissions per km or per tkm are of no use.  
15 A standard approach is to compute the emissions per km of a vehicle with  
16 a given load. In our example, the truck starts by driving 15 km with 9 t of  
17 goods. It then drops off 3 t and drives 1 km with a load of 6 t, proceeds to  
18 pick up 2 t, and so on. We wish to determine the carbon emissions of such  
19 a routing plan, or, rather, compare the emissions resulting from different  
20 routing plans for different set-ups.  
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23 In the green vehicle routing literature, two different approaches are used  
24 to compute the impact of the load on the vehicle, namely engine emission  
25 models and actual measurements on given vehicles (Turkensteen, 2016b).  
26 *Engine emission models* relate emissions or fuel consumption to factors such  
27 as the load on the vehicle, the driven distance, the speed of the vehicle, and  
28 other aspects of the driving situation (Demir et al., 2011). For example,  
29 the study by Franceschetti et al. (2013) measures the fuel consumption of a  
30 vehicle with a weight of 6 t when empty and a maximum capacity of 6.25  
31 t for driving at different fixed speeds. *Actual measurements* are available  
32 for specific vehicles with different load factors, e.g., fully loaded and empty.  
33 For example, Ubeda et al. (2011) use previously measured fuel consumption  
34 of a given (but further unspecified) vehicle at a case company. However,  
35 both approaches have the disadvantage that they are only valid for specific  
36 vehicles, and possibly under specific conditions. Engine emission models have  
37 the additional disadvantage that computed carbon emission levels depend on  
38 the input parameters, such as the speed profile of a given transportation  
39 haul. This makes it difficult to obtain generally valid carbon emission levels.  
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45 We choose to simplify our computations by making the following two  
46 assumptions:  
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- 48 • We do not differentiate between driving conditions in the considered  
49 area. In reality, there are different driving conditions on, e.g., urban  
50 roads, rural roads, highways, and roads in mountain regions. This  
51 would have an effect on carbon emissions: For example, the load on  
52 the vehicle has the largest impact on highways (Turkensteen, 2016a)  
53 and driving a heavily loaded vehicle uphill would contribute strongly  
54 to carbon emissions. However, since our goal is to investigate the effect  
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9 of various delivery and pickup schemes, it is not unreasonable to assume  
10 that driving conditions are the same on all considered paths.  
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- 12 • The marginal carbon emissions are the same for each added ton of load.  
13 Widely accepted engine emission models, such as CMEM by Barth  
14 et al. (2005) and PHEM by Hausberger et al. (2009), relate emissions  
15 and fuel consumption linearly to the mass of the load on the vehicle,  
16 given that all other factors (e.g., driving conditions or the vehicle) are  
17 constant. Many papers in transport science confirm this relation; see  
18 e.g. Walnum and Simonsen (2015) and Chapter 3 of McKinnon et al.  
19 (2015).  
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24 Based on these two assumptions, we may simplify the emission compu-  
25 tations. As a consequence of the linear relationship, a vehicle that drives  
26 precisely 30% loaded (weight-laden) has the same expected carbon emissions  
27 as the same vehicle that drives 30% loaded on average. The *load factor (LF)*  
28 is defined as the average weight of the load compared to the maximum ca-  
29 pacity that can be taken by the vehicle. It can also be computed as the total  
30 number of tkm on a given haul divided by the maximum number of tkm for  
31 a fully loaded vehicle over the same distance. In McKinnon et al. (2015),  
32 this is known as the *weight based lading factor*.  
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35 Given our assumptions, it suffices to know the proportion of emissions  
36 that is due to the maximum net payload on the vehicle, the *load-based emis-*  
37 *sion percentage (LBEP)*. This measure is introduced and explained Turken-  
38 steen (2016b), and the range of realistic LBEP values for different sized  
39 vehicles are presented. The emissions of a vehicle are computed as follows:  
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$$43 \text{Emission units} = [(1 - LBEP) + LBEP \times LF]d, \quad (1)$$

44 where  $LF$  is the average load factor, and  $d$  is the driven distance. The  
45 term  $(1 - LBEP)$  denotes the emissions of an empty vehicle and the term  
46  $LBEP \times LF$  the emissions due to the load on the vehicle<sup>3</sup>.  
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49 We illustrate the emission computations in (1) with the example from  
50 Figure 1, where the vehicle capacity is 10 t, the distances in the separate and  
51 combined pickup and delivery set-ups are 77 and 42 km, and the number of  
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54 <sup>3</sup>The emission units measure the number of km that a fully loaded vehicle should cover  
55 to obtain the same emissions. Absolute emissions are obtained by multiplying this with  
56 the emissions per km of a fully loaded vehicle.  
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9 tkm are 248 and 317, respectively. The average load factors are for separate  
10 delivery and pickup  $248/(77 \times 10) = 32.08\%$  (where a fully loaded vehicle  
11 would transport 10 t over 77 km) and for the mixing set-up  $317/(42 \times 10) =$   
12  $74.48\%$ . Now suppose that the maximum load of the vehicle in isolation  
13 contributes 20% of the carbon emissions. In other words: a fully loaded  
14 vehicle gives emissions of 1 unit and an empty one 0.8 units; if the vehicle is  
15  $32.21\%$  loaded on average, it emits on average  $(0.8 + 0.2 \times 0.3221) = 0.8644$   
16 units<sup>4</sup> per km. For our example, the computed emissions are  $(0.8 + 0.2 \times$   
17  $0.3221) \times 77 = 66.56$  units in the separate set-up and  $(0.8 + 0.2 \times 0.7448) \times 42 =$   
18  $39.86$  units in the mixing set-up. Thus, if the LBEP value of the vehicle is  
19  $20\%$ , the usage of the mixing set-up reduces carbon emissions by around  $40\%$   
20 in our example.  
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24 The paper by Turkensteen (2016b) contains a survey study on the LBEP  
25 obtained in different databases and studies. It shows that for relatively light  
26 vehicles, such as vans, the percentage lies between 10 and 30%, increasing to  
27 between 30 and 50% for trucks. One of the factors causing this large degree  
28 of variation is formed by the driving conditions. The gross vehicle weight  
29 (GVW), the weight of a fully loaded truck, is often used to classify vehicles;  
30 see Campbell (1995). McLeod et al. (2008) find that the vehicles used in  
31 reverse logistics vary in GVW from 5 t vans to large 40 t trucks. Therefore,  
32 the entire range of LBEP values can apply to our study. Table 1 describes  
33 to which case each of the selected percentages apply.  
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38 Insert Table 1 about here.  
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41 Our experiments are based on a set of problem instances. Each instance  
42 specifies locations and sizes of the delivery and pickup orders, and the vehicle  
43 capacity. For each such instance, we first calculate routing plans for each  
44 set-up, compute the associated distance and average load factor, and then  
45 calculate the carbon emissions for LBEP values between 10% and 50%. In  
46 the following section we give a detailed description of the distance and load  
47 computations.  
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51 <sup>4</sup>This does not give how many kg each unit corresponds to, but this is not relevant for  
52 our further analysis: the obtained data is sufficient to compare the different set-ups.  
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#### 4. Distance and load computations

As described in Section 2, a transport provider has the option to use separate vehicles for deliveries and pickups, or to consolidate with backhauling or mixing. In each of these set-ups, the transport provider wishes to minimize costs by minimizing total driven distance. Hence, the problem of the transport service provider is to find a routing plan for serving a given set of delivery and pickup orders such that the total cost is minimized. The plan must adhere to the vehicle’s capacity and possibly other operational restrictions such as time windows. The class to which this problem belongs is known as Vehicle Routing Problems (VRPs). In fact, many variants exist to match the specific conditions of a given situation.

The most basic VRP variant is the Capacitated VRP (CVRP). Here, a fleet of identical, capacitated vehicles based at a depot is available for serving a set of customer requests of a given size and location. For the separate set-up, we may solve two CVRPs: one for the delivery requests and one for the pickup requests. The Vehicle Routing Problem with Backhauls (VRPB) minimizes the length of a route in which combining delivery and pickup orders on a vehicle is allowed but where all deliveries must take place before any pickup. This VRP variant corresponds to our backhauling set-up. The problem of finding the best route where deliveries and pickups can be mixed freely on a vehicle (as long as the vehicle’s capacity is not exceeded), is the VRP with Pickups and Deliveries (VRPPD). For an extensive overview of these and other VRP variants, we refer to Toth and Vigo (2014).

##### 4.1. Route length estimates by continuous approximation

First, we consider an analytical approach that yields an estimate of the length of routes through a number of locations, namely *continuous approximation*; see e.g., Daganzo (2004). The advantage of this approach is that it directly provides the driven distance as a function of some key parameters in a distribution situation, such as the size of the area and the number of locations to be visited.

A VRP solution can contain multiple routes. Each route consists of *headways*, i.e., the legs from the depot to the first location and from the last location back to the depot, denoted by  $\bar{l}$ , and a *detour*, the leg on a route between the first and the last customer. The parameter  $C$  specifies the maximum number of stops per route. The route length  $d_{VRP}$  is computed as (Daganzo, 2004; Larsen and Turkensteen, 2014):

$$d_{VRP} = 2(N/C)\bar{l} + [(C - 1)/C]K\sqrt{AN}, \quad (2)$$

where  $A$  is the surface of the area, and  $K$  describes the type of distance (e.g.  $K = 0.57$  for Euclidean distances and  $0.72$  for Manhattan distances). The term  $[(C - 1)/C]$  is often set to 1. The headway length  $\bar{l}$  can be computed as  $\bar{l} = (2N/C)E(r)$ , where  $E(r)$  is the average distance from the depot to any location in the area.

The paper by Beullens et al. (2004) provides distance estimates to be used in our set-ups with backhauling and mixing. We denote the number of pickup locations by  $N_c$ , the number of delivery locations by  $N_d$ , and the number of joint locations by  $N_e$ . We then have the following VRPs for the different set-ups:

- The CVRP for separate pickups contains  $N_c + N_e$  locations;
- The CVRP for separate deliveries contains  $N_d + N_e$  locations;
- The backhauling VRPB combines outward routes through  $N_d + N_e$  locations with inward routes through  $N_c + N_e$  locations;
- The mixing VRPPD contains  $N_c + N_d + N_e$  locations.

The total distances from the CVRP instances with separate pickups and with separate deliveries can be computed by inserting  $N = N_c + N_e$  and  $N = N_d + N_e$  locations in Eq. (2), respectively, and determining  $d_{VRP}$ . The total distances for the VRP variants with mixing and backhauling are formulated in Beullens et al. (2004). Instead of the maximum number of stops  $C$ , the approximation uses the vehicle capacity of  $W$ , the amount of  $Q_d$  delivered per location, and the amount  $Q_c$  picked up per location (all three are measured in the same unit). This is necessary as the rationale behind the backhauling and mixing set-ups is that more locations can be visited than in the separate pickup and delivery routes, namely both supply and demand locations. Thus the separate pickup route has at most  $C = W/Q_c$  stops, and the delivery route  $C = W/Q_d$ .

The total distance  $d_b$  in the backhauling set-up is:

$$d_b = 2(\bar{l}/W) \max[(N_d + N_e)Q_d, (N_c + N_e)Q_c] + K[\sqrt{A(N_d + N_e)} + \sqrt{A(N_c + N_e)}] \quad (3)$$

The total distance  $d_m$  in the mixing set-up is:

$$d_m = 2(\bar{l}/W) \max[(N_d + N_e)Q_d, (N_c + N_e)Q_c] + K\sqrt{A(N_c + N_d + N_e)} \quad (4)$$

From the results in Eq. (2-4), we can derive that the following factors influence the relative distances in the three set-ups. The *headway length* ( $\bar{l}$ ) has a larger impact in the separate set-up as there are more routes. The *vehicle capacity*  $W$  influences the number of routes and their lengths. The expected detour lengths are roughly equal ( $K\sqrt{A(N_e + N_c)} + K\sqrt{A(N_e + N_d)}$ ) in the separate and the backhauling set-ups, but clearly shorter in the mixing set-up ( $K\sqrt{A(N_c + N_d + N_e)}$ ), in particular for large values of  $N_e$ . An important determinant of the relative distances in the three set-ups is the *number of locations*  $N_c$  compared to  $N_d$ , and also on the *the number of joint locations*  $N_e$ . These factors are varied in our numerical experiments.

#### 4.2. Routing plan and distance calculation by solving VRPs

The second method involves solving the above-mentioned variants of the VRP, namely the CVRP, the VRPB, and the VRPPD algorithmically. The VRPB has originally been treated as a separate problem; see Goetschalckx and Jacobs-Blecha (1989); Toth and Vigo (2001). However, more recently, it has also been treated as a special case of the VRPPD and is solved as such; see Wassan and Nagy (2014). A survey on methods for the VRPPD is given in Parragh et al. (2008), where it is stated that exact methods for (static) pickup and delivery problems have not solved instances with more than 96 requests and that for larger instances heuristics were needed. A more recent exact method, the Branch and Cut and Price algorithm of Ropke and Cordeau (2009), solves instances of size 100 to optimality within around 3 minutes. An overview of meta-heuristics is given in Wassan and Nagy (2014). Popular solution approaches include meta-heuristics such as Adaptive Large Neighborhood Search (Ropke and Pisinger, 2006) and the modified savings heuristics described in Dethloff (2001). Strikingly, none of the overview papers Berbeglia et al. (2007) or Parragh et al. (2008) present an overview of actual applications of VRPPDs.

Recently, environmental aspects have been treated explicitly in the VRP literature: the objectives of the problems called *Green Vehicle Routing* and *Pollution Routing* include the minimization of fuel consumption and carbon emissions; see the overview papers by Demir et al. (2014b) and Lin et al.

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9 (2014). The argument for such approaches is that minimization of distance  
10 does not always lead to minimal carbon emissions or fuel consumption, as the  
11 load on and the speed of the vehicle can play an important role (Bektas and  
12 Laporte, 2011). In Ubeda et al. (2011), it is found that the greenest solution  
13 can have significantly lower carbon emissions further than the set-up with  
14 backhauling.  
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16  
17 In our experiments we should avoid that the results are due to quality  
18 differences in the solutions to the different set-ups. We therefore wish to  
19 obtain solutions of sufficiently high quality to all types of considered routing  
20 instances. For our purpose, we need a solver that is able to find high quality  
21 solutions to the three types of VRP in reasonable time. Moreover, a solver  
22 that is used in industry adds to the realism of our experiments. The solutions  
23 should have a quality close to the best known to ensure that striking results  
24 are not due to poor solutions. Based on these criteria, we select the Spider  
25 industrial VRP solver developed by SINTEF in computational experiments.  
26 Spider is built on a rich, generic model of VRPs and has been used in a  
27 variety of applications. Spider has also yielded good results on standard  
28 benchmarks for several VRP variants. For details, we refer to Hasle and  
29 Kloster (2007). It seems reasonable to assume that the routing solutions  
30 produced by Spider are representative of the routing plans used by a modern  
31 transport provider that utilizes VRP software. We use Spider to solve the  
32 CVRP, VRPB, and VRPPD instances in our numerical experiments. For  
33 all experiments, Spider is run until there have been 50 iterations without  
34 improvements. We combine the CVRP solutions with delivery orders and  
35 with pickup orders into one solution for the separate delivery and pickup  
36 set-up.  
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#### 43 *4.3. Calculation of load factor*

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45 The next step is to compute a vehicle's average *load factor*. Beullens  
46 et al. (2004) present no continuous approximation results on these. Some  
47 studies in the field such as Burns et al. (1985) assume that vehicles deliver  
48 at a constant rate. If the same holds for supply, we can expect that the load  
49 factor in backhauling is roughly similar to the ones observed in the separate  
50 set-up and that the load factor in mixing is about twice as high. However,  
51 there are several complicating factors, such as a difference between demand  
52 and supply that make it necessary to determine the load factors in the set-ups  
53 experimentally.  
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9 For algorithmic VRP methods, the computation of the load factor is  
10 straightforward from the generated routing plan: For each vehicle, we obtain  
11 the order in which locations are visited. From the demand and supply quan-  
12 tities at each location, we find how much is on the vehicle during each part  
13 of a route. As in the example from Figure 1, one can compute the number  
14 of ton-kilometers and from that, the average load factor.  
15

16 We can obtain analytical estimates of expected driven distances from the  
17 field of continuous approximation and algorithmic approaches to find routes  
18 of high quality in each of the set-ups. The continuous approximation results  
19 provide the key determinants of the driven distance used in Section 5 but  
20 in order to compute load factors and to establish the variation within and  
21 between instances, we use a commercial VRP solver.  
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## 26 5. Design of numerical experiments

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28 The purpose of our numerical experiments is to find the carbon emis-  
29 sion savings from combining deliveries and pickups. In accordance with our  
30 model of the transport provider from Section 2, we determine the routing  
31 plans, i.e. the sets of routes that minimize the cost (total distance), for the  
32 separate, the backhauling, and the mixing set-ups. The goal is to determine  
33 the driven distances and load factors for all set-ups. The routing plans are  
34 determined with the Spider industrial solver presented in Section 4, and the  
35 resulting carbon emissions are computed using the LBEP values from Sec-  
36 tion 3. The basic, separate set-up serves as the baseline. Emission savings  
37 from backhauling and mixing are reported relative to the separate set-up.  
38 In our experiments we assume that the distances between all locations are  
39 Euclidean.  
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44 Our study on the continuous approximation results in Section 4 indicates  
45 that the following factors have an impact on the driven distance and the  
46 load factor: the headway length, the vehicle capacity, the number of joint  
47 locations, and inequality in the number of demand and supply points. To this  
48 we can add the LBEP value from Section 3, which plays a role when the load  
49 factors in set-ups differ. The vehicle capacity (relative to the quantities at  
50 each delivery or pickup location), the LBEP value, and the relative number  
51 of demand and supply locations, as well as the number of joint locations, are  
52 varied in our experiments, typically between a low level and a high level; see  
53 Table 2.  
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9 In order to assess the impact of the factors, we use a diverse set of in-  
10 stances. An instance in our experimental set-up is formed by a set of locations  
11 with their pickup and/or delivery demand and the depot location, the dis-  
12 tances between each pair of locations, and the vehicle capacity. We distances  
13 are Euclidean, they can be derived from the coordinates of the locations.

14  
15 The instances used are derived from the well-known *Li and Lim* instances  
16 that contain coupled demand and supply locations in a two-dimensional  
17 plane. Distances are Euclidean. At each pickup location, goods of a specified  
18 size must be picked up, and delivered later by the same vehicle to the cor-  
19 responding delivery location. A homogeneous fleet of vehicles with a given  
20 capacity is based at a depot, available for servicing the pickup/delivery re-  
21 quests. There are time windows on the pickups and deliveries during which  
22 service has to start. These instances are introduced in Li and Lim (2003)  
23 and can be retrieved from <http://www.sintef.no/top>.

24  
25 To suit our three set-ups, we disregard time windows and the coupling  
26 (same vehicle) and precedence constraints on the pickup and delivery task  
27 pairs in the Li and Lim instances. All collected items are destined for the  
28 depot and all deliveries originate from the depot. With no time windows,  
29 route lengths are only limited by the capacity of the vehicle.

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31 Regarding the *headways*, we can separate between instances the *lr* in-  
32 stances with short headways, the *lrc* instances with intermediate headways,  
33 and the *lc* instances with long headways. In *lr* instances, the locations are  
34 uniformly distributed in an area, whereas in *lc* instances the locations are  
35 clustered and generally relatively far away from the depot, as is illustrated  
36 for the *lc101* instance in Figure 2. Regarding *vehicle capacity*, there are  
37 so-called type 1 instances (numbered 101-109) with low capacity and around  
38 five or six short routes, and type 2 instances (numbered 201-208) with large  
39 vehicle capacity and typically one or two long routes.

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41 In order to measure the effect of having *joint locations*, we create modified  
42 Li and Lim instances (the *joint* instances) such that half of the locations  
43 are joint locations. In order to measure the impact of *different numbers of*  
44 *pickup and delivery locations*, we construct the *uneq* instances where half of  
45 the delivery locations are removed, so that the number of delivery locations  
46 is half the number of pickup locations (the results are similar if we do the  
47 reverse). Finally, the *LBEP value* is not dependent on the setting of instance  
48 but can be applied when the instance is solved and the distance and load  
49 factor is obtained. We set the LBEP to a low value of 10% and a high value  
50 of 50%.

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9 Insert Fig. 2 about here.

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11 Table 2 describes which type of instances correspond to low, intermedi-  
12 ate, and high values of the five parameters in our experimental design. For  
13 example, the instance `lr202` has short headways but, since the vehicle capac-  
14 ity is high, relatively long routes. The corresponding instances `lr202uneq`  
15 and `lr202joint`, with different numbers of pickup and delivery locations and  
16 joint locations, respectively, are obtained from the regular instance `lr202`.  
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20 Insert Table 2 about here.

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22 We first determine the distances and load factors for all set-ups and all  
23 instances. The distances and load factors of the separate delivery pickup  
24 routes are combined. Based on the distances and load factors, we compute  
25 the carbon emission savings relative to the separate set-up for LBEP values  
26 of 10% and 50%. The results for all individual instances are reported in  
27 Tables 8, 9, 10, 11 in the Appendix.  
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## 30 31 **6. Results of the numerical experiments**

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33 In this section we present the key findings of our computational experi-  
34 ments. The distance and average load factors of all instances are reported in  
35 Tables 8, 9, 10, and 11. These detailed results form the basis of the treatment  
36 in this section. Based on the observed distances and load factors we establish  
37 the resulting emission savings and their relation with the key factors listed in  
38 Section 5. Finally, we characterize the cases in which backhauling and mixing  
39 are most and least effective for carbon emission savings from consolidating  
40 shipments.  
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43 Recall that the names `lc`, `lr`, and `lrc` denote instances with locations  
44 on a plane that are uniformly random, clustered, and a combination of both,  
45 respectively. Type 1 / type 2 instances have small / large vehicle capacity.  
46 Suffixes `uneq` and `joint` denote instances with unequal demand and supply,  
47 and added joint locations, respectively.  
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### 50 51 *6.1. Observed distances and load factors*

52 The key determinants of carbon emission savings are the driven distance  
53 and the average load factor in each set-up. In order to compare results  
54 across instance classes we show the average load factor and the distance in  
55 each instance class and for all three set-ups in Table 3.  
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9 In general, the distances for backhauling are about 10% to 20% smaller  
10 than for the separate set-up. For mixing, the corresponding distance reduc-  
11 tion is between 20% and 40%. The load factor in the backhauling set-up  
12 fluctuates around that of the separate set-up; the load factor of the mixing  
13 set-up is a factor 1.5 to 1.8 higher.  
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17 Insert Table 3 about here.  
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19 We consider the impact of parameters on the load factor and driven dis-  
20 tance. The impact of the *vehicle capacity* is that large load factors are ob-  
21 served low for the type 2 instances. The cause is that in some cases two  
22 vehicles are needed where the second vehicle is poorly utilized, but this is  
23 not a property that can generally be expected. Distance savings from back-  
24 hauling in particular are quite small for the `1r2` instances. The long *headway*  
25 *lengths* in the `1c` instances mean the distance savings largest here. Another  
26 consequence is that the load factor of backhauling is higher than in `1r`  
27 instances; this is most pronounced in the type 1 instances with low vehicle  
28 capacity, where the headways constitute a relatively large share of routes.  
29 Other factors, such as the presence of joint locations, have little impact on  
30 load factors, so the results are not reported here.  
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33 The proportion of delivery, pickup, and joint locations appears to have  
34 an impact on the distance and the load factor. For both backhauling and  
35 mixing, distance savings are small for the `uneq` instances, and load factors  
36 are low compared to the separate set-up. As expected, this is so because it  
37 is not possible to find similar delivery and pickup quantities for all trucks  
38 (the option to use vehicles only for pickups or deliveries is unattractive when  
39 the total distance is minimized). For the `joint` instances, load factors are  
40 quite high and distance savings large: Deliveries and pickups being at the  
41 same location has the consequence that the vehicle can be well utilized. For  
42 backhauling, load factors are particularly high for `1c1uneq` instances, where  
43 few locations are visited and one can save distances and increase load factor  
44 by starting the pickup part of the route at the location where the delivery  
45 part terminates.  
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48 Finally, we can determine the size of the *detour effect* from the distances  
49 and the load factors in the set-ups for each instance. As the demand and  
50 supply quantities in all set-ups are equal, the driven distances times the load  
51 factor in the respective set-ups give a term that is proportional to the number  
52 of tkm. If this amount is consistently larger for the mixing or backhauling  
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9 set-up than for the separate set-up, this is due to the detour effect. From  
10 the results in the individual instances in Tables 8 to 11, we find sizeable  
11 variations in the number of tkm for most instance types. These are due to  
12 specific routing decisions, e.g., the decision to visit a delivery location with  
13 much demand first in a certain set-up. However, these variations even out  
14 for almost all instance classes. The detour effect is only significant for the  
15 regular 1r2 instances ( $P$  value of 0.006), where the number of tkm is about  
16 50% higher in the mixing set-up than in the separate set-up.  
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## 20 *6.2. Carbon emission savings*

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22 Now we address the carbon emission savings from backhauling and mixing  
23 relative to the separate pickup and delivery set-up. Recall that our carbon  
24 emission assessment tool is not designed to measure absolute emissions but  
25 to compare routing strategies with different distances and load factors. We  
26 illustrate the computation of carbon emission savings from the distance and  
27 the average load factor using the instance 1c102. We find that the sepa-  
28 rate set-up has a total distance of 1187.7 km (over 6 pickup and 6 delivery  
29 routes) with an average load factor of 50.8% and the mixing set-up has a  
30 total distance of 693.6 km with an average load factor of 65.6%; see Table  
31 8. If the LBEP value is 10%, it holds according to (1) that the emissions  
32 in the backhauling set-up are  $(0.9 + 0.1 \times 0.508) \times 1187.7 = 1129.3$  units,  
33 whereas those in the mixing set-up are  $(0.9 + 0.1 \times 0.656) \times 693.6 = 669.7$   
34 units. Thus, emissions in the mixing set-up are 40.4% lower than in the  
35 separate set-up. All carbon emission savings reported here are the result of  
36 such computations. Below, we describe the impact of the key factors on the  
37 observed emission savings.  
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43 The question is: Are the emission savings consistent with the distance  
44 savings reported in Table 3? We find that for an LBEP value of 10%, emission  
45 savings and distance savings are almost proportional. However, for the LBEP  
46 value of 50%, these savings diverge, as we show graphically in Figures 3 and  
47 4. In these figures, the horizontal axis represents the distance savings of  
48 each instance and the observed emission savings on the vertical axis. If  
49 distance savings and emission savings were equal, all instances would be  
50 on the dotted diagonal line. For backhauling, it is almost equally likely  
51 that emission savings are higher or lower than distance savings. For mixing,  
52 emission savings are generally clearly smaller than distance savings. Two  
53 highlighted instance types are the **uneq** instances, where emission savings  
54 are relatively high compared to distance savings due to the low observed  
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9 load factors, and the `joint` instances, where the reverse is true and emission  
10 savings are low compared to distance savings.

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12 Insert Fig. 3 about here.

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15 Insert Fig. 4 about here.

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18 Insert Table 4 about here.

19  
20 The first impact that we consider in Table 4 is the *headway length*, where  
21 we compare the average, the maximum, and the minimum emission savings  
22 of the `lc` and `lr` instances. The largest emission savings are, as expected,  
23 observed for the clustered `lc` instances with long headways. The influence of  
24 headway length appears to be strong for both mixing and backhauling.

25  
26 In order to evaluate the impact of the *vehicle capacity*, we separate be-  
27 tween the type 1 and 2 instances with low and high vehicle capacities, re-  
28 spectively, in Table 5. The type 1 instances, with relatively many headways  
29 and short detours, have the largest emission savings, in particular for the  
30 backhauling set-up. Interestingly, the vehicle capacity appears to have little  
31 influence on the distance savings from mixing, which can be observed from  
32 the small difference between emission savings for type 1 and 2 instances for  
33 the LBEP value of 10%. For large LBEP values, however, the increased de-  
34 tour effect in mixing reduces the emission savings for type 2 instances. In  
35 fact, the combination of a large vehicle capacity and short headways can lead  
36 to larger emissions for the consolidated set-ups than for the separate set-up;  
37 see Section 6.3.  
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43 Insert Table 5 about here.

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45 The effect of having *unequal numbers of supply and demand locations*  
46 in Table 6 is ambiguous. Mixing can accommodate the unequal number of  
47 demand and supply points quite well and achieve large emission savings,  
48 in particular for the LBEP value of 10%. In the backhauling set-up, on  
49 the other hand, it is necessary to construct a separate return haul through  
50 relatively few pickup locations, which makes that distance savings are close  
51 to or less than those for regular instances. Only for the LBEP value of 50%,  
52 the decreased load factor leads to some emission savings.  
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57 Insert Table 6 about here.

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Next we compare the instances that have joint locations (`lcjoint` and `lrjoint`) to the corresponding instances that do not (`lc` and `lr`) in Table 7. As expected, the mixing set-up benefits most from the addition of joint locations with carbon emission savings of up to 42.4% for the instance `lc105joint`. The impact of backhauling is small and opposite to that in the case with `uneq` instances as both the load factor and the distance are slightly higher than for regular instances.

Insert Table 7 about here.

One finding is that there is interaction between the different parameters. The interaction between vehicle capacity and headway length is as follows: The smaller the vehicle capacity, the more routes are needed to visit all locations, and the larger the benefit from mixing and backhauling. A more subtle interaction effect takes place between the LBEP value and the number of delivery, pickup, and joint locations. Having more joint locations increases the load factor in the mixing set-up and thereby the impact of the LBEP value, whereas the effect can go in the opposite direction when demand and supply quantities becomes unequal. When the right interaction of factors take place, extremely high or low emission savings can occur. We discuss these cases in Section 6.3.

### 6.3. Extreme cases of carbon emission savings

In our experiments the mixing set-up can achieve emission savings of 42% and backhauling up to 25% compared to the separate set-up. The mixing set-up achieves its largest emission savings for instances with many joint locations, a small vehicle capacity, and a low LBEP value (since the load factor in mixing is generally high). The largest emission savings of around 42% are achieved for the instance `lc105joint` and an LBEP value of 10%. Backhauling yields the largest emission savings for instances with long headways and small vehicle capacities; As the load factor is similar to that of separate pickups and deliveries, the LBEP value generally has little impact. The largest emission savings of around 30% are attained for the instance `lc101`.

Interestingly, there are also cases for which a set-up with backhauling or mixing can lead to emission increases over separate pickups and deliveries. We call these situations the *backhauling paradox* and the *mixing paradox*, respectively. Both set-ups achieve distance savings for all our instances and

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9 emission increases can only occur if items are on average transported over a  
10 longer distance than in the separate set-up, i.e., the detour effect occurs.

11 The backhauling paradox occurs for some `lr2` instances (with short head-  
12 ways), namely `lr208` and `lr103joint`, but also for the `lc205` instance, where  
13 headways are long in absolute terms but only constitute a small part of the  
14 total route length. For these instances the solver happens to find a solu-  
15 tions in which items are transported over longer distances in the backhauling  
16 set-up than in the separate set-up.

17 The mixing paradox occurs for the instances `lr202` and `lr206` for an  
18 LBEP value of 50%. In both cases distance savings are around 20%. The  
19 payload effect reduces some of the savings but the detour effect can turn  
20 these into emission increases. The addition of joint locations makes the  
21 mixing paradox less likely as the distance savings are larger and the detour  
22 effect is smaller for such instances.

## 23 24 25 26 27 28 **7. Conclusions and future research**

29 This paper assesses the carbon emissions impact of consolidating ship-  
30 ments from and to a centralized depot. To that end we model a transport  
31 provider, compute cost-optimized solutions (by minimizing total distance) in  
32 separate and consolidated set-ups, and determine the carbon emission sav-  
33 ings to be achieved by consolidation from the driven distances and the load  
34 factors. Combining deliveries and pickups can be attractive, not only be-  
35 cause costs can be reduced through shorter distances, but also because the  
36 distance savings can entail environmental impact reductions. We consider  
37 the consolidation set-up in which all deliveries are made before the pickups,  
38 called backhauling, and the set-up where one can freely mix pickups and  
39 deliveries while not violating the vehicle’s capacity, called mixing.

40 We find emission savings from backhauling and mixing can be up to 35%  
41 and 40%, respectively. These savings are attained if the distances between the  
42 depot and the nearest locations are long and the vehicle capacity is relatively  
43 small, for example, in an urban area where the depot is located on the edge  
44 of the city and vans or small trucks are used. The emission savings from  
45 mixing are highest in case of many locations with both demand and supply,  
46 e.g., shops that both sell new items and return used items.

47 However, there are also conditions under which consolidating outbound  
48 deliveries and inbound pickups can increase the total emissions from the  
49 vehicles compared to separate collections and deliveries. Mixing can lead to  
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9 emission increases if the following conditions hold: 1) many locations are  
10 evenly distributed between supply and demand locations (but without joint  
11 locations), 2) the distance from the depot to the nearest locations is small, 3)  
12 the vehicle capacity is large, and 4) the payload causes a large share of carbon  
13 emissions (this can occur for heavy vehicles). Backhauling can occasionally  
14 lead to emission increases when the headway lengths are short and when the  
15 solution at hand has a higher load factor than the separate set-up.  
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18 These findings can provide some guidance to policymakers and possi-  
19 bly transport providers. Increasing the degree of vehicle utilization through  
20 backhauling may be attractive, not only because costs can be saved through  
21 shorter distances but also because the distance savings can entail environmen-  
22 tal impact reductions. However, better vehicle utilization is not beneficial for  
23 the environment if it is achieved by moving items over longer distances. Our  
24 results indicate that these environmental gains can be quite significant in the  
25 aforementioned situations with small vehicles and routes with few stops, as  
26 could be expected in urban situations. However, if one uses a large vehicle  
27 (where the load can cause much of the carbon emissions), these gains may  
28 be much less significant and therefore less attractive from an environmental  
29 perspective.  
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33 One explanation for our results is a mismatch between the chosen objec-  
34 tive, the distance driven (and the number of vehicles used) and the environ-  
35 mental impact, which partially depends on the load on the vehicle. Some  
36 studies argue that one should also minimize carbon emissions or fuel usage  
37 (which are, arguably, proportional to emissions), as has been done in Ubeda  
38 et al. (2011). This may allow transporters to find greener mixing solutions,  
39 for example, by reducing the average load on the vehicle; our results indicates  
40 that this may be particularly relevant in a set-up with combined pickups and  
41 deliveries.  
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45 In our study, we do not compare *realistic* operational costs between dif-  
46 ferent pickup and delivery set-ups, as we use distance as a proxy for cost. To  
47 the best of our knowledge, studies into the relative operational cost of such  
48 set-ups are rare. An interesting direction for future research is to determine  
49 the cost savings from combining pickups and deliveries. Another issue that  
50 we do not address in this paper is the fact that collection of used materials  
51 is often environmentally friendly: the waste materials from the product do  
52 not end up on a landfill, raw materials may be preserved, and the pollution  
53 and emissions from making the product or its materials are prevented. By  
54 enabling collection against little extra costs, backhauling and mixing may  
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9 make such recycling or re-manufacturing cost-effective.

10 We have made limiting assumptions to the different set-ups, giving rise  
11 to directions for future research. As has been pointed out in Section 6, an  
12 interesting direction for future research is to use road distances and driv-  
13 ing times drawn from areas with different geographies. Secondly, the route  
14 length is limited by the vehicle’s capacity rather than driving time. The  
15 impact of driving time constraints would also be interesting to investigate.  
16 A consequence of such constraints could be a reduction in the total distance  
17 savings from mixing and backhauling, but also a decrease in the load factor.

18 A potential weakness of our study is that we restrict ourselves to in-  
19 stances with Euclidean distance. The question is whether the usage of road  
20 distances leads to different results than in our experiments. The results from  
21 Berens and Körling (1985) suggest that road distances are often well ap-  
22 proximated if the Euclidean distances between locations are multiplied by a  
23 constant. Moreover, Cooper (1983) conduct a study to determine the fit of  
24 a linear function of straight-line distance of actual costs in the British East  
25 Midlands, and find a very high  $R^2$ -value of 0.97. These results imply that in  
26 some cases Euclidean distances are quite representative. We therefore expect  
27 that the experiments on instances with actual road distances give similar re-  
28 sults to those obtained with Euclidean distances. We have performed initial  
29 experiments that indicate that this is indeed so. However, using real road  
30 distances and driving times is an interesting direction for future research,  
31 as it enables us to measure the impact of various types of geography and  
32 topography.  
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40 Another assumption is that mixing of deliveries and pickups on a truck  
41 does not lead to additional time consumption. If this is so, the costs of  
42 a mixing set-up may not only be related to distance or fuel consumption,  
43 but also to the time consumption due to moving items on the truck. Thirdly,  
44 items to be delivered and items that have been picked up can be freely mixed  
45 on the vehicle, and it may limit the number of stops within a time constraint  
46 on each route. It could be interesting to determine distance and emission  
47 savings if only partial mixing is possible: the detour effect may be reduced  
48 compared to full mixing but the same holds for the distance savings. Finally,  
49 there are no time windows on our deliveries and pickups. Time windows can  
50 deteriorate backhauling and mixing solutions if they make that the pickups  
51 and deliveries in the same area cannot be combined in the vehicle. In general,  
52 we expect that additional constraints on the routes would have an impact  
53 on the quality of the mixing solution in particular, since the capacity of  
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9 the vehicle can be well utilized during most of the route and the room for  
10 modifications may be small. A characteristic of our set-ups is that the depot  
11 is both the origin of the deliveries and the destination of the pickups. As  
12 we describe in our introduction, more general forms of consolidation can be  
13 considered.  
14

## 15 16 17 **Acknowledgement**

18  
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20 Council of Norway as a part of the DynamITe project [Contract 246825/O70,  
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22

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## Glossary

Backhauling: A set-up where items can be taken on a truck after all deliveries have been made;

Mixing: A set-up where items to be delivered and picked up items can be combined on a truck;

VRP: Vehicle Routing Problem – a transport optimization problem where the goal is to find a cost minimal set of routes for a fleet of capacitated vehicles such that every customer demand is serviced, and vehicle capacity is obeyed. The VRP comes in many guises.

CVRP: The basic version of the VRP in the fleet is homogeneous, all routes start and stop at the depot, and the only constraint is vehicle capacity.

VRPB: An extension of the CVRP with both deliveries and pickups that may be serviced by the same vehicle, but where deliveries must take place before pickups;

VRPPD: An extension of the CVRP where each customer may have both deliveries and pickups. Pickup and delivery items may be mixed on a vehicle.

Load factor: The share of the vehicle that is used. In our case, we use the weight-based lading factor: the actual weight on the truck divided by the truck’s maximum weight capacity.

## Appendix

In the subsequent Tables 8, 9, 10, 11, we present the load factors, driven distances, and number of vehicles, for all instances and for all set-ups: separate, backhauling, and mixing.

Insert Table 8 about here.

Insert Table 9 about here.

Insert Table 10 about here.

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9 Figure captions:

10 Figure 1: A pickup, a delivery, and a combined pickup and delivery route  
11 through a set of delivery and pickup locations.  
12

13 Figure 2: Locations (pickup tasks, delivery tasks, depot) for the Li and  
14 Lim instance `lc101`.

15 Figure 3: The emission savings plotted against distance savings in the  
16 backhauling set-up.  
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18 Figure 4: The emission savings plotted against distance savings in the  
19 mixing set-up.  
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Table captions:

Table 1: LBEPs for different vehicle types and conditions, based on Turkensteen (2016b)

Table 2: The experimental set-up with the type of instances used in low, intermediate (where applicable), and high values of the relevant parameters

Table 3: Average load factors, distances, and relative distance savings compared to separate set-up

Table 4: Carbon emission savings (minimum, average, maximum) for the backhauling and mixing set-ups aggregated for type 1 and 2 instances

Table 5: Carbon emission savings (minimum, average, maximum) for the backhauling and mixing set-ups aggregated for type 1 and 2 instances

Table 6: Carbon emission savings (minimum, average, maximum) for the backhauling and mixing set-ups for regular instances (**lc** and **lr**) versus **uneq** instances

Table 7: Carbon emission savings (minimum, average, maximum) for the backhauling and mixing set-ups for regular instances (**lr** and **lr**) versus **joint** instances

Table 8: Individual results of **lc** and **lr** instances for delivery, pickup, backhauling, and mixing set-ups

Table 9: Individual results of **lc** and **lr** instances with joint demand and supply locations for delivery, pickup, backhauling, and mixing set-ups

Table 10: Individual results of **lrc** instances for delivery, pickup, backhauling, and mixing set-ups

Table 11: Individual results of **lc** and **lr** instances with unequal demand and supply for delivery, pickup, backhauling, and mixing set-ups



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9       Abstract:

10       This paper studies the effect on carbon emissions of consolidation of ship-  
11       ments on trucks. New positioning and communication technologies, as well  
12       as decision support systems for vehicle routing, enable better utilization of  
13       vehicle capacity, reduced travel distance, and thereby carbon emission reduc-  
14       tions. We present a novel carbon emission analysis method that determines  
15       the emission savings obtained by an individual transport provider, who re-  
16       ceives customer orders for outbound deliveries as well as pickup orders from  
17       supply locations. The transport provider can improve vehicle utilization by  
18       performing pickups and deliveries jointly instead of using separate trucks. In  
19       our model we assume that the transport provider minimizes costs by use of  
20       a tool that calculates detailed vehicle routing plans, i.e., an assignment of  
21       each transport order to a specific vehicle in the fleet, and the sequence of  
22       customer visit for each vehicle. We compare a basic set-up, in which pickups  
23       and deliveries are segregated and performed with separate vehicles, with two  
24       consolidation set-ups where pickups and deliveries may be mixed more or  
25       less freely on a single vehicle. By allowing mixing, the average vehicle load  
26       will increase and the total driven distance will decrease. To compare carbon  
27       emissions for the three set-ups, we use a carbon assessment method that uses  
28       the distance driven and the average load factor. An increase in the load fac-  
29       tor can reduce part of the emission savings from consolidation. We find that  
30       emission savings are relatively large in case of small vehicles and for delivery  
31       and pickup locations that are relatively far from the depot. However, if a  
32       truck visits many demand and supply locations before returning to the depot,  
33       we observe negligible carbon emission decreases or even emission increases for  
34       consolidation set-ups, meaning that in such cases investing in consolidation  
35       through joint pickups and deliveries may not be effective. The results of our  
36       study will be useful for transport users and providers, policymakers, as well  
37       as vehicle routing technology vendors.  
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9 Highlights:

- 10 • First systematic study on the emission effects from combining pickups  
11 and deliveries.  
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- 13 • Free mixing of pickups and deliveries often gives the largest emission  
14 savings of between 20 and 40%.  
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- 16 • In some set-ups, the impact of the heavier load outweighs the impact  
17 of distance savings.  
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9 Keywords:

- 10 • Pickup and Delivery
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- 12 • Consolidation
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- 14 • Carbon emissions
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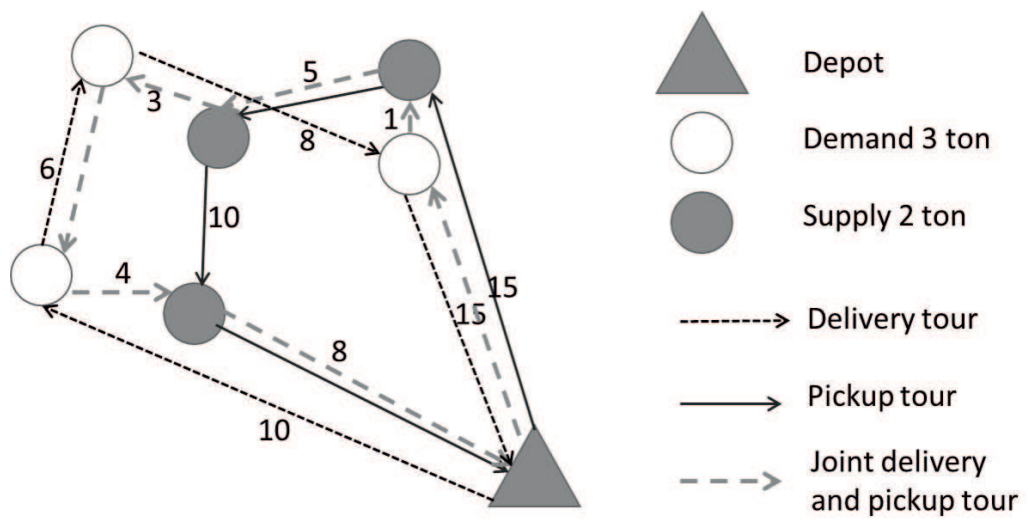


Figure 1: A pickup, a delivery, and a combined pickup and delivery route through a set of delivery and pickup locations.

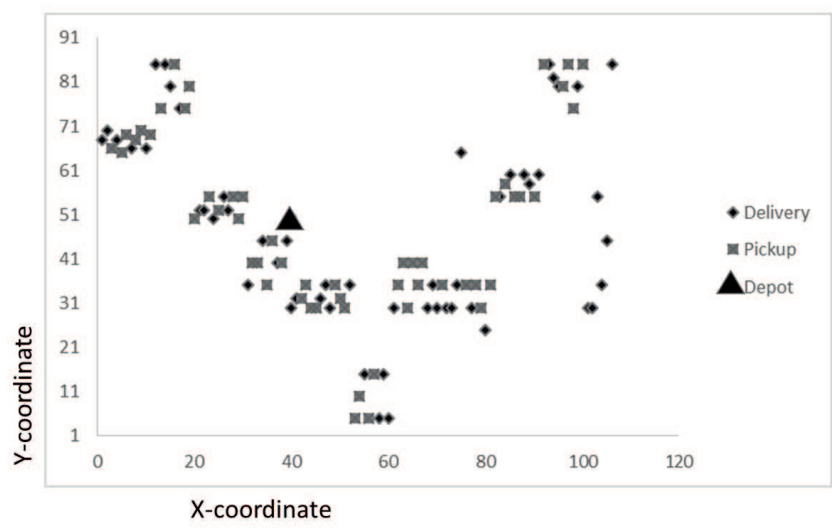


Figure 2: Locations (pickup tasks, delivery tasks, depot) for the Li and Lim instance 1c101.

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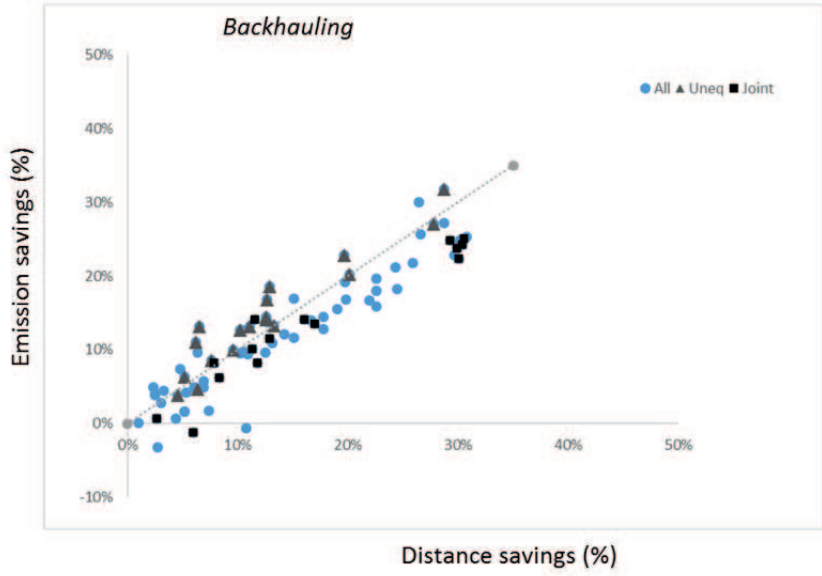


Figure 3: The emission savings plotted against distance savings in the backhauling set-up.

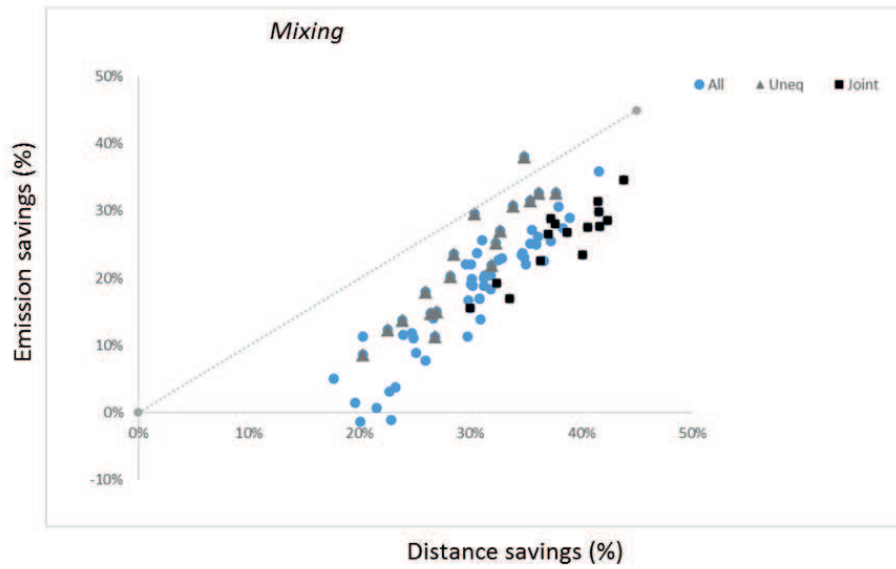


Figure 4: The emission savings plotted against distance savings in the mixing set-up.

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Table 1: LBEPs for different vehicle types and conditions, based on Turkensteen (2016b)

LBEP	Vehicle type / Condition
10%	Van, urban conditions
20%	Small trucks
30%	Medium trucks
40%	Heavy trucks
50%	Heavy trucks under free-flowing conditions

Table 2: The experimental set-up with the type of instances used in low, intermediate (where applicable), and high values of the relevant parameters

<i>Factor</i>	<i>Level</i>		
	Low	Intermediate	High
Headway length	lr	lrc	lc
Vehicle capacity	type 1		type 2
Joint locations	regular		joint
Unequal delivery / pickup	regular		uneq
LBEP	LBEP of 10%		LBEP of 50%

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Table 3: Average load factors, distances, and relative distance savings compared to separate set-up

Instance	Result	Delivery and pickup type			Rel. distance savings	
		Del. + Pickup	Backh.	Mixing	Backh.	Mixing
lc1	Distance	1144.4	842.5	753.7	26.4%	34.1%
	Load factor	47.8%	57.9%	71.6%		
lc2	Distance	893.9	773.0	584.6	8.0%	30.4%
	Load factor	37.4%	39.8%	65.7%		
lr1	Distance	1096.3	891.8	795.2	18.7%	27.5%
	Load factor	45.3%	46.4%	68.3%		
lr2	Distance	844.2	824.2	653.0	2.4%	22.6%
	Load factor	39.2%	39.2%	74.6%		
lrc1	Distance	1096.3	891.8	795.2	20.4%	32.5%
	Load factor	48.6%	55.9%	72.7%		
lrc2	Distance	814.6	772.0	562.0	5.2%	31.0%
	Load factor	42.1%	46.2%	63.9%		
lc1uneq	Distance	945.0	716.2	615.4	24.2%	34.9%
	Load factor	49.30%	46.72%	53.03%		
lc2uneq	Distance	773.2	703.1	516.3	9.1%	33.2%
	Load factor	35.27%	29.99%	47.29%		
lr1uneq	Distance	875.8	775.6	650.1	11.4%	25.8%
	Load factor	44.26%	40.81%	60.19%		
lr2uneq	Distance	721.6	669.7	540.0	7.2%	25.2%
	Load factor	31.41%	31.10%	53.81%		
lc1joint	Distance	1359.4	950.8	823.6	30.1%	39.4%
	Load factor	46.91%	59.53%	70.10%		
lr1joint	Distance	1349	1176.4	886.6	12.8%	34.3%
	Load factor	44.05%	49.72%	74.61%		
lc2joint	Distance	1157.8	1032.6	723	10.8%	37.6%
	Load factor	44.19%	46.68%	77.08%		

Table 4: Carbon emission savings (minimum, average, maximum) for the backhauling and mixing set-ups aggregated for type 1 and 2 instances

LBEP 50%	Backhauling			Mixing		
	Min	Average	Max	Min	Average	Max
All lc instances	-0.60%	13.48%	25.71%	8.58%	23.81%	35.85%
All lr instances	-3.18%	10.02%	30.05%	-1.42%	13.73%	30.65%
LBEP 10%	Min	Average	Max	Min	Average	Max
All lc instances	2.31%	14.85%	29.93%	18.64%	33.13%	42.40%
All lr instances	-0.17%	10.33%	28.52%	15.66%	24.99%	36.91%

Table 5: Carbon emission savings (minimum, average, maximum) for the backhauling and mixing set-ups aggregated for type 1 and 2 instances

LBEP 50%	Backhauling			Mixing		
	Min	Average	Max	Min	Average	Max
All type 1 instances	9.97%	19.70%	31.75%	5.05%	23.76%	38.09%
All type 2 instances	-3.18%	7.16%	16.84%	-1.42%	19.01%	31.47%
LBEP 10%	Min	Average	Max	Min	Average	Max
All type 1 instances	9.62%	21.47%	29.93%	15.66%	31.09%	42.40%
All type 2 instances	-0.17%	7.11%	13.25%	16.92%	29.48%	40.24%

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Table 6: Carbon emission savings (minimum, average, maximum) for the backhauling and mixing set-ups for regular instances (**1c** and **1r**) versus **uneq** instances

LBEP 50%	Backhauling			Mixing		
	Min	Average	Max	Min	Average	Max
Regular instances	-3.18%	12.21%	30.05%	-1.42%	16.08%	35.85%
<b>uneq</b> instances	3.89%	14.78%	31.75%	8.58%	22.64%	38.09%
LBEP 10%	Min	Average	Max	Min	Average	Max
Regular instances	-0.17%	13.86%	29.93%	15.66%	27.76%	40.68%
<b>uneq</b> instances	4.43%	13.22%	29.22%	18.64%	28.69%	36.89%

Table 7: Carbon emission savings (minimum, average, maximum) for the backhauling and mixing set-ups for regular instances (**1r** and **1r**) versus **joint** instances

LBEP 50%	Backhauling			Mixing		
	Min	Average	Max	Min	Average	Max
Regular instances	-3.18%	13.76%	30.05%	-1.42%	14.40%	35.85%
<b>Joint</b> instances	-1.25%	13.70%	25.09%	15.52%	25.84%	34.57%
LBEP 10%	Min	Average	Max	Min	Average	Max
Regular instances	-0.17%	15.36%	29.93%	15.66%	26.19%	40.68%
<b>Joint</b> instances	2.31%	16.53%	29.71%	27.77%	36.38%	42.40%



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Table 8: Individual results of 1c and 1r instances for delivery, pickup, backhauling, and mixing set-ups

Instance	<i>Distance in set-up</i>				<i>Load factor in set-up</i>			
	Delivery	Pickup	Backh.	Mixing	Delivery	Pickup	Backh.	Mixing
lc101	610.7	571.6	826.0	813.2	50.51%	48.92%	61.07%	74.24%
lc102	604.4	583.3	871.9	693.7	51.96%	49.63%	52.63%	65.64%
lc103	555.1	530.1	763.3	709.7	47.98%	43.36%	59.95%	70.49%
lc104	553.3	544.9	857.1	670.8	46.76%	46.77%	56.55%	70.79%
lc105	606.1	594.7	831.3	767.4	40.73%	46.11%	54.82%	65.74%
lc106	568.1	560.4	873.8	769.3	47.15%	55.09%	60.02%	76.44%
lc107	568.1	560.4	873.8	769.3	47.15%	47.30%	60.02%	76.44%
hr101	501.4	697.2	881.2	743.7	46.09%	57.62%	45.37%	70.79%
hr102	517.7	747.3	901.3	824.6	46.72%	42.05%	47.04%	69.98%
hr103	547.3	497.9	887.0	860.7	50.27%	48.61%	46.27%	72.34%
hr104	483.6	520.6	872.7	754.9	42.45%	44.20%	46.93%	69.60%
hr105	544.6	552.9	941.7	770.1	44.22%	43.71%	47.42%	70.88%
hr106	549.6	549.0	903.2	826.9	40.92%	42.09%	47.21%	65.67%
hr107	543.3	540.9	870.3	758.2	51.43%	41.47%	47.43%	69.36%
hr108	492.3	517.0	881.2	768.1	41.52%	43.60%	40.93%	65.65%
hr109	534.6	530.2	887.1	849.2	45.87%	43.14%	49.19%	60.80%
lc201	456.4	442.8	837.1	587.1	35.64%	45.64%	42.28%	64.21%
lc202	453.7	418.0	780.4	602.7	41.70%	36.28%	40.26%	73.41%
lc203	450.7	432.3	791.5	554.4	35.32%	36.84%	32.44%	61.52%
lc204	464.7	448.6	798.9	578.5	39.14%	36.25%	42.20%	68.36%
lc205	451.0	444.1	798.9	582.1	36.08%	36.91%	53.85%	63.60%
lc206	440.9	437.6	832.1	617.1	33.48%	36.38%	36.49%	70.37%
lc207	453.6	451.9	806.7	580.5	37.37%	34.06%	37.95%	58.65%
lc208	453.6	444.6	806.7	580.5	37.37%	36.34%	37.95%	58.65%
hr201	440.9	421.4	821.2	645.9	48.52%	45.87%	43.21%	79.10%
hr202	433.4	417.3	827.8	656.3	33.67%	38.79%	44.41%	78.54%
hr203	402.0	434.0	815.5	641.9	42.70%	36.46%	37.15%	74.86%
hr204	415.5	428.4	824.0	662.2	36.79%	39.54%	34.62%	74.87%
hr205	466.8	407.4	847.6	647.8	46.45%	44.41%	45.93%	81.20%
hr206	420.8	406.4	819.0	661.4	31.95%	40.05%	37.24%	72.41%
hr207	395.7	439.0	814.1	645.6	37.04%	34.31%	33.64%	69.94%
hr208	393.0	431.7	824.7	663.4	33.38%	37.37%	37.01%	65.90%

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Table 9: Individual results of *lc* and *lr* instances with joint demand and supply locations for delivery, pickup, backhauling, and mixing set-ups

Instance	<i>Distance in set-up</i>				<i>Load factor in set-up</i>			
	Delivery	Pickup	Backh.	Mixing	Delivery	Pickup	Backh.	Mixing
lc101joint	673	691	949	851	49.96%	44.89%	60.60%	69.90%
lc102joint	709	721	1001	901	46.66%	46.91%	62.93%	71.01%
lc103joint	695	635	931	834	46.08%	44.08%	57.81%	64.62%
lc104joint	656	648	922	763	47.91%	49.63%	58.26%	74.29%
lc105joint	704	665	951	769	48.10%	44.80%	58.04%	70.67%
lr101joint	658	635	1140	875	47.64%	47.80%	53.73%	76.18%
lr102joint	718	689	1181	862	47.23%	42.42%	48.28%	73.20%
lr103joint	632	722	1273	899	45.51%	34.64%	50.46%	74.75%
lr104joint	609	694	1136	913	41.71%	47.77%	47.19%	74.88%
lr105joint	707	681	1152	884	44.76%	41.16%	48.94%	74.02%
lc201joint	530	512	1015	624	46.15%	45.68%	48.81%	86.29%
lc202joint	533	508	924	600	46.18%	42.35%	46.21%	78.87%
lc203joint	529	486	936	594	38.21%	47.74%	42.27%	71.32%
lc204joint	527	513	954	607	42.68%	44.83%	47.19%	78.32%
lc205joint	521	519	920	618	40.47%	43.11%	37.82%	72.90%

Table 10: Individual results of *lrc* instances for delivery, pickup, backhauling, and mixing set-ups

Instance	<i>Distance in set-up</i>				<i>Load factor in set-up</i>			
	Delivery	Pickup	Backh.	Mixing	Delivery	Pickup	Backh.	Mixing
lrc101	661	636	961	914	47.02%	48.97%	56.23%	63.88%
lrc102	677	650	1091	974	43.57%	51.95%	56.58%	73.04%
lrc103	631	634	1014	871	44.38%	52.30%	53.99%	74.90%
lrc104	646	634	1088	789	38.92%	49.90%	50.23%	69.85%
lrc105	668	628	979	830	46.38%	52.03%	61.46%	74.27%
lrc106	667	604	1029	888	46.45%	48.61%	53.95%	71.50%
lrc107	635	639	986	890	50.66%	59.38%	60.78%	77.89%
lrc201	482	480	900	663	46.87%	47.74%	42.09%	58.91%
lrc202	491	485	908	655	34.00%	45.30%	42.66%	60.26%
lrc203	508	434	886	654	37.44%	43.13%	41.66%	53.88%
lrc204	465	472	906	655	44.77%	43.88%	42.56%	60.83%
lrc205	486	469	884	656	36.80%	41.21%	47.43%	60.96%
lrc206	507	465	929	656	40.75%	49.37%	50.54%	65.95%
lrc207	467	482	900	656	41.98%	42.38%	47.56%	70.78%

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Table 11: Individual results of **lc** and **lr** instances with unequal demand and supply for delivery, pickup, backhauling, and mixing set-ups

Instance	<i>Distance in set-up</i>				<i>Load factor in set-up</i>			
	Delivery	Pickup	Backh.	Mixing	Delivery	Pickup	Backh.	Mixing
lc101uneq	407	572	781	625	39.67%	57.44%	49.94%	58.24%
lc102uneq	428	530	692	597	50.90%	50.98%	52.53%	63.20%
lc104uneq	330	539	698	605	45.23%	51.24%	43.12%	50.49%
lc105uneq	402	572	694	635	39.30%	53.23%	41.28%	40.18%
lc201uneq	296	443	645	497	22.55%	45.64%	29.83%	47.92%
lc202uneq	357	418	727	525	32.98%	38.63%	28.99%	50.13%
lc203uneq	358	432	739	523	29.65%	38.94%	25.20%	40.87%
lc204uneq	327	449	678	528	28.86%	39.13%	32.42%	54.35%
lc205uneq	342	444	726	508	29.63%	39.08%	33.51%	43.17%
lr101uneq	299	530	737	593	48.58%	46.80%	43.97%	57.57%
lr102uneq	356	557	792	696	36.26%	46.11%	42.24%	61.21%
lr103uneq	376	498	785	677	53.05%	42.05%	42.76%	66.04%
lr104uneq	343	521	781	639	33.51%	44.20%	39.32%	55.04%
lr105uneq	346	553	783	646	45.56%	44.95%	35.76%	61.08%
lr202uneq	290	456	713	545	14.09%	45.17%	33.98%	54.94%
lr203uneq	271	428	663	558	17.18%	40.08%	29.65%	50.48%
lr204uneq	273	472	651	548	16.98%	37.65%	27.25%	50.66%
lr205uneq	292	403	652	509	19.76%	39.66%	33.51%	59.15%